

Why they make  
more deliberate  
decisions and



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Why Is It Good to Learn New Languages? We live in a globalized and different world from what it was like a few years ago. Nowadays, all the people try to communicate in one way or another. Communication has become one of the most important factors for success.

The fluency of more than language is now a necessity more than a hobby. Since a while ago, the teaching of a second language has been implemented in most of the world for different reasons. Although some people consider this a waste of time; learning new languages brings more pros than cons. It brings benefits to the brain, increases opportunities in life and also helps people to make smarter decisions. It is scientifically proven that multilingualism has several advantages over the brain.

In the first place, according to the Psychologist Ellen Bialystok and her colleagues at York University in Toronto learning a foreign language helps in the prevention of Alzheimer because of the executive control system that basically exercises the brain in order to remodel some of its parts denying the development of Alzheimer in the bilingual person. Second, the ability to speak foreign languages helps in the development of cognitive skills. A study published by Alison Mackey, professor of linguistics at Georgetown University and Lancaster University, confirms that people who speak more than one language fluently achieve a better memory, creativity, and also mental flexibility. The capacity of speaking in different languages also offers more opportunities in the developing in life. The bilingual people is easily hired in most of the jobs.

The capacity of speaking a new language allow people to live, work or study indifferent countries. The knowledge of a second language has become a key factor in finding a job. A study by the Universia Foundation highlights that the aspect most valued by companies (up to 96.4%) when it comes to selecting the candidate is the fluency in a second language, in this specific case, English. English remains an essential requirement in more than 86% of the offerings of qualified employment. As another important reason why people should learn new languages is that the fact of thinking in another language different than the native helps people to make more reasoned decisions in life. According to a 2012 research from the journal Psychological Studies, when people think in another language they are more likely to make a rational decision in problematic situations. However, researchers at the University of Chicago found that when people think of a foreign language, this gives them distance, which helps them make more deliberate decisions and less dependent on emotions.

While thinking in another language it is not as emotional as the native tongue. Although many good reasons are found, for some people learning a foreign language is a waste of time and a very unproductive decision. The lexicographer Delfin Carbonell says in his article "Learning a Second Language is a Waste of Time" that "life is short and we should not waste a minute of it with the effort, time and money involved in language-learning.

It takes years and years and the result is never satisfactory: native speakers will always mock our accent, mimic our ways and call us names". This argument, although acceptable, is flawed. If someone decides to learn a new language, then that implies that the person wants to and all the effort made

will be rewarded with the goal expected. Also, if he says that is a bad idea to learn a new language because people will make fun of us, that is giving more importance to other people and having low self-esteem. In conclusion, learning new languages provides many good things in different areas of our lives. Despite the evidence, some people underestimate the benefits of studying and speaking a new language. They may think that speaking different languages is just a waste of time.

It is in fact, a tool that is not only valuable, but essential in our personal life development. In addition to these advantages, multilingualism facilitates the expansion of our horizons and brings benefits to our brains. As I mentioned at the beginning, being multilingual is one of the best things that can ever exist.