

Mucocutaneous buruli ulcer disease (caused by infection)

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MUCOCUTANEOUS MYCOBACTERIOSIS : A SURPRISING

PRESENTATION Abstract Buruli ulcer disease (caused by infection with *Mycobacterium ulcerans*) is the third most common mycobacterial disease in immunocompetent people. *Mycobacterium ulcerans* belongs to large group of environmental mycobacteria. Individual of all ages are affected, but children 15 years of age or younger constitute about 75% of all cases. Spectrum of clinical disease includes nodules, plaques, edema, characteristic skin ulcers, sometimes massive osteomyelitis. We hereby report a case of a 38 year old man presenting with edematous and plaque like lesions of the nose since one year followed by pus discharging sinuses in the axillary region and was investigated on the lines of hidradenitis suppurativa and tuberculosis.

Biopsy was taken from the axillary region; histopathology of excision biopsy revealed suppurative granulomatous inflammation but negative for Acid-fast bacilli. Conclusive diagnosis was made only when smears from pus discharge, scrapes were found to be highly positive for AFB, later confirmed by culture to be of *Mycobacterium ulcerans*. Introduction The common mucocutaneous mycobacterial infections presenting with ulceronodular lesions are tuberculosis, leprosy, *Mycobacterium ulcerans* and others.

After tuberculosis and leprosy, Buruli ulcer disease (caused by infection with *Mycobacterium ulcerans*) is the third most common mycobacterial disease in immunocompetent people. 1 *Mycobacterium ulcerans* belongs to large group of environmental mycobacteria. It is an acid-fast bacillus (AFB) with an optimal growth temperature of 32°C on routine microbiological media. 2 In

contrast to tuberculosis & leprosy, BU is related to environmental factors & thus considered non-communicable. *M.*

ulcerans infection survives best under low oxygen tensions, such as exists in mud in the bottom of swamps. Although the ultimate source of *M. ulcerans* remains obscure, the organism has been found in aquatic insects such as water bugs, firefly larvae & beetles in stagnant water of West Africa.

3 Individual of all ages are affected, but children 15 years of age or younger constitute about 75% of all cases. 4 Today, BU is recognized as a spectrum of clinical disease that includes nodules, plaques, edemas, characteristic skin ulcers, sometimes massive osteomyelitis. 5 There is evidence that the disease may bypass the nodular stages and disseminate contiguously in the skin. Such lesions are usually advanced when detected & require extensive excision & skin grafting, often leading to cosmetic disfigurement & disabling complication. 2 Keywords - mucocutaneous mycobacteriosis, buruli ulcer, atypical mycobacteria

CASE REPORT We hereby report a case of a 38 year old man presenting with edematous and plaque like lesions of the nose since one year for which the patient was diagnosed as a case of rhinophyma (Fig. 1). After another year, he developed pus discharging sinuses in the axillary region and was investigated on the lines of hidradenitis suppurativa and tuberculosis. Biopsy was taken from the axillary region; histopathology of excision biopsy revealed suppurative granulomatous inflammation but negative for Acid-fast bacilli (Fig 3).

The patient was further evaluated for tuberculosis but there was no evidence of any other lesion elsewhere (lungs, bones, lymph nodes) on clinico-imaging investigations. In the mean time, the swelling of nose had spread to the adjoining face with development of ulcerated lesions on the mucosal surface of the nose and developed ulcerative lesions in inguinal and genital region as well (Fig 2). In view of suppurative granuloma seen on the biopsy, antitubercular treatment was started. Induction of anti-tubercular therapy resulted in hepatitis like syndrome with icterus, jaundice, raised serum transaminases within 3 weeks leading to discontinuation of therapy. Repeated pus and blood cultures (BACTEC) were found to be negative for acid fast bacilli (AFB).

Mantoux test was 11 mm after 72 hours. Review of earlier biopsies with further sections confirmed the previous findings. Patient was then asked to prepare scrapes from the ulcerated nasal lesions. To our surprise, smears from pus discharge, scrapes, Fine needle aspiration cytology (FNAC) smears from all the sites were heavily positive for AFB (1% H₂SO₄) with suppuration and collection of epithelioid cells in FNAC smears (Fig.

4). Tubercular serology (ELISA) revealed IgG-664 (control > 225-positive) and IgM-1.0 (control > 1.0-positive).

In the mean time, Pus DNA-PCR turned out to be positive for *Mycobacterium tuberculosis* complex. The culture for AFB came positive at 32°C. DISCUSSION In 1948, MacCallum in Australia was the first to isolate the etiologic agent of BU in culture from patients. MacCallum & colleagues

provisionally named this mycobacterium as Bairnsdale bacillus, after the region where five of the six patients lived. It was subsequently renamed *Mycobacterium ulcerans*.

6 Despite the increased interest in BU, the disease remained largely ignored by many national public health programs for decades. In 1988 the World Health Organization (WHO) recognized BU as an emerging health problem, primarily due to its frequent disabling & stigmatizing complications.

7 The disease is endemic in rural wetlands of tropical countries of Africa's, the Americas, and Asia & Australia but remains uncommon in non-African countries. 8 In India there has been no reported case of buruli ulcer so far to the best of our knowledge. Buruli ulcer is rarely, ever, contagious. Humans become infected by traumatic introduction of *M. ulcerans* into skin from the overlying *M. ulcerans*-contaminated surface.

M. ulcerans has an optimal growth temperature at about 32°C, but it's unique among mycobacteria because it produces a family of toxic macrolides, the mycolactones, that are required for virulence. In the natural history of the disease, it has been observed that following traumatic inoculation, active infection develops & causes the various manifestations of buruli ulcer. After a few weeks or several months of active infection, progressive necrosis of the dermis usually leads to degeneration of the epidermis & ultimate ulceration. A necrotic slough develops in the base of the ulcer & the surrounding skin is undermined, indurated, and hyperpigmented. Ulcers often involve massive areas of skin. 9, 10, 11 The infection in most instances presents as a painless lump just under the skin.

The infection is mostly on the limbs, most often on exposed areas, but not on the hands or feet. In children, all areas may be involved, including the face or abdomen. A more severe form of infection produces diffuse swelling of a limb, which, unlike the papule or nodule, can be painful and accompanied by fever. In the present case studied, clinically, patient presented with rhinophyma and perianal ulceronodular lesions and within a span of two and half years there was disseminated disease with plaques, nodules and ulceronodular lesions in the perianal region, axilla & thighs. Initially BU presents as a nonulcerative lesion and can eventually evolve to ulcerative lesions. In both types of lesion, the histopathologic sections show prominent acellular areas of tissue necrosis with variable numbers of bacilli, usually extracellular. Areas of inflammatory infiltrates are also seen within intracellular M.

ulcerans infection. Connor & Lunn in 1966 developed a histopathologic classification of the disease involving 3 stages - active, organizing (granulomatous) & healing. The active stage has the most striking and diagnostic features, ie, contiguous coagulation necrosis of the lower dermis & subcutaneous fat with much acid fast bacilli. The organizing stage is seen in long standing lesion, and is characterized by formation of granulomas. Healing is characterized with formation of granuloma. Our biopsy was mainly inactive stage. For laboratory diagnosis, four methods currently in use include 1) direct smear examination for AFB by ZN or auramine stain, 2) in vitro culture 3) IS2404 PCR and 4) histopathologic

examination. The most frequently available diagnostic technique is direct smear examination.

In endemic areas culture and histopathology are not easily available. PCR can only be performed in well-equipped laboratories. In this case smears from pus discharge, scrapes, FNACs from all sites were heavily positive for AFB (1% H₂SO₄). FNAC smears showed suppuration & collection of epithelioid cells. Repeated pus and blood cultures were negative initially but came positive under strict temperature of 32°C. and other culture requirements similar to *Mycobacterium tuberculosis*, *M. ulcerans* is a member of the slow-growing group of mycobacteria. However, *M.*

ulcerans is considered extremely slow-growing as cultures must be incubated for 6 to 8 weeks (or longer) under appropriate laboratory conditions prior to forming distinct colonies. *M. ulcerans* grows optimally on mycobacteriological media (e.

g., Löwenstein-Jensen medium, Middlebrook 7H10 medium, etc.) under the same. Samples analyzed within 24 h are preferentially kept at 4°C in a sterile vial without additive. For longer transportation times, tissue samples should be introduced into a transport medium: Middlebrook 7H9 broth supplemented with polymyxin B, amphotericin B, nalidixic acid, trimethoprim, and azlocillin (Becton Dickinson, Sparks, MD); oleic acid, albumin, dextrose, and catalase (Difco Laboratories, Detroit, MI); and 0.

5% agar, also named semisolid transport medium (STM). This medium has been recommended for use, since specimens kept in it for up to 21 days were

still culture positive. 11 Primary cultures from clinical specimens are usually positive within 6 to 12 weeks of incubation at 29 to 33°C, although much longer incubation times of up to 9 months have been observed.

12 Excised biopsy from perianal region and axilla showed suppurative granulomatous inflammation. The common differential diagnosis of pre-ulcerative lesions (plaques & edematous lesion) is pyogenic cellulitis.

A short trial of treatment with antimicrobial therapy may be considered until a diagnosis of buruli ulcer is made. Treatment options for BU include antibiotics & surgical intervention. The choice of treatment usually based on the morphology and extent of the lesions, as well as availability of antibiotics & surgical facilities. Physiotherapy is imperative for all BU patients.