

'between living and  
dreaming there is a  
third thing. guess it.'

[Linguistics](#), [English](#)



23 September Assignment According to the Spanish poet Antonio Machado, 'between living and dreaming there is a third thing. Guess it.' Living is the conscious state of mind that an individual is undergoing constantly whereas to escape into a world of dreams involves playfulness with one's sub conscious state of mind. The third state of mind that a man gets caught in between these two aspects is a very poignant and refined balance which is actually the spot where a man is able to feel spiritual peace. Understanding the art of one's sub conscious takes time and effort and often people drift off into thought because getting caught between living and dreaming is again a tricky circumstance to chance upon.

The middle stage of the mind are the vivid images which flutter around when one is going in the state of dreaming. It is like falling into sleep, knowingly that you are going to fall into a sleep pretty soon, but letting your dreams flow into that process. The movie Inception did a great job with reflecting this idea, that once we are in a dream it is a state of the mind where the active part of our life is absent, and we go into a state of living our memories. The middle stage is something similar, where in between the waking life and the dream life, there is a part where both the aspects merge.

#### Works Cited

"Between Living and Dreaming." Essayforum. com. Web