

Self portrait exercise

[Linguistics](#), [English](#)



College Bowling and Life My is Yousf Alshammari. I am studying Information System in Minnesota, of Mankato (MNSU). Before I travelled to Mankato, I stayed in the United States for four years. I studied English at ELS in Grand Folks, ND. I am now two years old here in Mankato.

Bowling is my hobby. Bowling as a game has made me active in everything I do. It makes me busy hence I cannot indulge in bad company since I am an upcoming youth. Bowling has helped me learn a lot of things that concern life. For example, when bowling, there is a strike zone that needs to hit in the middle of the balls. This teaches me to always focus on one thing in life i. e. success. Once I play bowling my mind always relaxes and makes me feel well at all times more especially after a long day of work.

During my first time in bowling, I experienced many challenges. Sliding was the worst thing that I can ever imagine. Holding the ball was the hard thing and rolling it was even harder. But I learnt everything slowly. This taught me that in everything that I do, dedication and perseverance is the key. Bowling now is my hobby and I love it. Furthermore the challenge that I experienced is hitting the balls once. It took me time to hit them. This taught me that, in real life, concentrating in one thing makes you more important on achieving it. Bowling has taught me that in life one must focus on one thing and have direction.

When I bowl, it is like am rolling life on my hand with the ball and I have to achieve all my goals. Bowling has made me experience many things that pertains life. It is a game that needs focus and great thinking same as our daily life activities.

Work cited

<https://assignbuster.com/self-portrait-exercise/>

Pierson, Jack, and Marina Gržinić. Self Portrait. New York: Cheim & Read, 2003. Print.