

Training activities case study sample

[Technology](#), [Development](#)



Training Activities

Developing your own coaching diagram.

Personally, a successful coaching program for me is something that involves the participation of both the coach and the client. Client's full participation is a requirement for the success of the program because the client is the one who will make the difference or can provide the answers or is capable of making the program work. The coach is only there for reinforcement and guidance. No matter how good the program is, and how much effort the coach has given to the program, if the client does not cooperate well, then still, success couldn't be achieved. However, it must not be forgotten that the coach can have a big impact on how the client will perform. The coach function is to ask questions or initiate action from the client and the client is to provide the answer to the questions. After this coach has to analyze the answers given and present possible directions to the client together with the possible consequences, while the client will then choose the appropriate action he thinks based on the possible directions set by the coach. The coach main role is to help the client understand the situation, clarify things and situations and layout possibilities but the client is still the one who will make the decisions or finds the answers. Below is my own coaching diagram I developed.

Training Methods appropriate in the classrooms and online courses

Of the several training methods available, group discussion is one effective way of training students in the classrooms and also applicable to online courses. This is fitted to these types of environment because it sees the

teacher as a facilitator and the students or the members of the group as the main characters in the discussions. This is adaptable to both settings because group discussions can be made face-to-face inside the classroom while for online courses, the availability of social networking sites and other group collaboration tools makes it very easy to perform the group discussions. They just need to post their comments. One good thing about group discussions is the ability of the students to present their views (supported by facts of course) on topics vis-à-vis the views of their classmates. They will not only learn from their classmates but their HOTS would also be developed.

In addition to group discussions, provision of e-learning modules is also effective methods of training and applicable for both classroom and online courses. By providing e-learning modules, the students can proceed at their own paced which they can do both inside and outside the classrooms.

Hands-on activities or Case studies as a training methods is one very effective method for me because students will be able to meet actual situations where they can apply the concepts they learned in and outside the school, as well as discover additional concepts and knowledge along the way. The student's critical thinking skills will be further developed along the way and they will be trained to be independent individuals. This is both appropriate for classroom and online courses. This can also initiate further research from them.

References:

Whitworth, Laura (2007). Co-Active Coaching. Retrieved from <http://books.google.co.uk/books?id=AcNtZXiLOC0C&printsec=frontcover&source=https://assignbuster.com/training-activities-case-study-sample/>

gbs_ge_summary_r&cad= 0#v= onepage&q&f= false

WorldBank. org (2009). Strengths and weaknesses of training methods.

Retrieved from http://siteresources.worldbank.org/DEVMARKETPLACE/Resources/Handout_strengths&weaknesses.pdf