

# [Free research paper about slide 1: complications of providing psychiatric care an...](https://assignbuster.com/free-research-paper-about-slide-1-complications-of-providing-psychiatric-care-and-medication-management-to/)

[Technology](https://assignbuster.com/essay-subjects/technology/), [Development](https://assignbuster.com/essay-subjects/technology/development/)

\n[toc title="Table of Contents"]\n

\n \t

1. [Slide 2: Myth and Reality](#slide-2-myth-and-reality) \n \t
2. [Slide 3: Biological Changes](#slide-3-biological-changes) \n \t
3. [Slide 4: for Psychological Problems](#slide-4-for-psychological-problems) \n \t
4. [Slide 5: Barrier to Psychological Treatment](#slide-5-barrier-to-psychological-treatment) \n \t
5. [Slide 6: References](#slide-6-references) \n

\n[/toc]\n \n

## Slide 2: Myth and Reality

Myth
Hormones released during pregnancy protects women from psychological order and fosters a period of well-being.
Reality
20% women suffer from anxiety disorders and severe mood swings during the prenatal period whether or not a person has a history of mental illness, depression and anxiety disorder.

## Slide 3: Biological Changes

- Hormonal
- Increased Level of Estrogen for fetus and mild ducts development and breast enlargement.
- Side effect – Nausea and depression
- Increased level of Progesterone for Uterus development
- Side effects – weight gain, skin pigmentation and water retention.
- Other Changes
- Vision Changes
- Taste and Smell Changes
- Stretch Marks
- Mole and freckle changes
- Rashes and boils.
- Increased metabolism
- High pressure

## Slide 4: for Psychological Problems

- Hormonal changes
- Increased level of Estrogen and Progesterone can cause depression.
- Weight gain and body deformity can cause
- Low self esteem
- Fear of losing the baby (miscarriage), possible complications during pregnancy and uncertainty about motherhood
- Depression and fear.

## Slide 5: Barrier to Psychological Treatment

- Pregnant women have more faith on parents, husband and friends than on doctors/psychiatrist
- Anti-depressants are harmful for the development of the fetus.
- Counselling is the only way to seek treatment.

## Slide 6: References

- Stanford School of Medicine (SSM). (2014). Pregnancy and Mental Health. Retrieved on 1st December, 2014. http://womensneuroscience. stanford. edu/wellness\_clinic/Pregnancy. html
- Eden, E. (2014). Understanding Psychological Changes during Pregnancy. Info Space LLC. Retrieved on 1st December, 2014. http://health. howstuffworks. com/pregnancy-and-parenting/pregnancy/issues/understanding-psychological-changes-during-pregnancy. htm
- Reyes, N., Klotz, A., & Herring, S. (2013). A Qualitative Study of Motivators and Barriers to Healthy Eating in Pregnancy for Low-Income, Overweight, African-American Mothers. Journal Of The Academy Of Nutrition And Dietetics, 113(9), 1175-1181. Retrieved on 1st December, 2014. http://www. ncbi. nlm. nih. gov/pmc/articles/PMC3782301/
- Krucik, G. (2012). How Your Body Changes During Pregnancy: Hormones, Breasts & More. Healthline. com. Retrieved on 1st December, 2014.