

Nurse manager and nurse practitioner

[Health & Medicine](#), [Nursing](#)



EVIDENCE-BASED PRACTICE (EBP) Evidence-Based Practice (EBP) refers to the integration of the best research findings with clinical knowledge as well as the expectations of the patient. The practice includes identification of key research results and facilitation of their implementation on a timely basis in order to ensure provision of high quality care to the patients. Nurse practitioners are charged with the responsibility of doing the actual implementation of the Evidence-Based Practices. The nurses unlike their managers are expected to update themselves with the new practices on a timely basis so as to ensure that they do not lose track with the new methods needed to offer the best care to their patients. They are expected to gather information from their colleagues, consulting library materials so as to respond accurately to the specific needs of their patients.

On the other hand, the nurse managers are charged with the responsibility of formulation of the Evidence-Based practices through four main steps. The first step is to generate the desire for information in form of a question which can be closely associated with available practices, initiatives or results. The second part is the location as well as the identification of the most accurate evidences available in the surrounding area. The third stage that nurse managers focus on in the formulation process, is to design a new approach to the in the methods to be adopted in the evaluation of its effectiveness. The final step is to foresee the implementation of the practice in order to establish if it is worth carried out as it is. The nurse managers further act as models of change to be followed by the nurse practitioners. They facilitate the process of implementation through the provision of the necessary resources and moral support that is needed (Melnyk, 2014).

Reference

Melnyk, B. (2014). Evidence-based practice in nursing & healthcare: A guide to best practice. St. Louis: Wolters Kluwer Health.