Paraphrasing

Health & Medicine, Nursing

Running Head: The Biases we hold and how they Change Over Time. All of us have personal biases beliefs and value systems which are influenced to a large extend by the environments in which we grew up. These biases tend gradually change with time especially in the modern internet global village where interacting with persons from any corner of the world is made extremely eased. It is therefore important to understand how biases we hold develop, change over time and what causes them to change.

I personally was brought in a very reserved community where parental guidance is very paramount when it comes to the upbringing of the young generations. In our home for instance supervision of children even on simple matters as just browsing the internet is very normal. I therefore have grown up appreciating the important role of parental guidance in our lives. This has become so entrenched in me that seeing fellow youth just doing their own things and making decisions without parental involvement for me seemed strange at some point. I for instance find extremely threatening in terms development and growth for children are allowed a lot of freedom to access and experiment with technology on their own.

However, with and as I continue to mingle with people from different cultures and parts of the world I realise that things are different. Children from other cultures are left to surf the internet on their own devoid of any form of parental guidance. Critically looking at the issue I begin to change my biases because I find these children are left to learn on their own and control their own at an early age hence their development could even be faster. Interaction with other cultures is therefore a very important factor behind

changes in our biases. Age is also important as well as the level of exposure one has to the outside world.