

The amperometric cholesterol sensors biology essay

[Science](#), [Biology](#)



T Kappers, BSc PJ Porte, BScAbstractThis review paper gives an overview of amperometric sensors for cholesterol developed during the last five years. Cholesterol is a chemical found in fat, blood and cells and can cause heart attacks when levels are too high. Most sensors are based on the same reactions which is $\text{Cholesterol} + \text{O}_2 \xrightarrow{\text{ChOx}}$ Cholest $\text{C}_{27}\text{H}_{46}\text{O}$ + H_2O_2 . Several sensors are viewed and the important working methods and features are described. This paper shows there are several different methods for the detection of cholesterol, all with their own features. Introduction Cholesterol is a chemical substance found in fat, blood, and cells in the human body and higher animals. It is essential for human's life since it can build and maintain membranes of cell.

Unfortunately, high cholesterol levels are related to cardiovascular disease such as myocardial infarction and stroke. Its level in blood is an important parameter in the diagnosis and prevention of disease. Ideally, the total cholesterol concentration in a healthy person's blood should be less than 200 mg/dL (< 5.17 mM). The borderline high is defined as 200-239 mg/dL (5.17-6.18 mM), and the high value is defined as above 240 mg/dL (> 6.21 mM). Most cholesterol sensors are based on the enzymatic reaction in the use of cholesterol oxidase (ChOx) which can be described as in equation 1 and can be seen in figure 1. $\text{Cholesterol} + \text{O}_2 \xrightarrow{\text{ChOx}}$ Cholest $\text{C}_{27}\text{H}_{46}\text{O}$ + H_2O_2 (1) Because of the increasing amount of people with high levels of cholesterol, the cholesterol sensor became more important. The consequence is the development of new cholesterol sensors. Mostly the developed cholesterol sensors are amperometric biosensors. The amperometric biosensors are chosen because of their good selectivity, rapid

response and low cost. 8 This paper review describes the developed amperometric-Figure 1: Reaction of cholesterolic cholesterol biosensors of the last five years, mostly based on the reaction described above.

Amperometry Amperometry is a technique that uses electric current to determine a concentration of a specific ion. A reduction current, which occurs by the flow of electrons from the electrode to the solution, causes a reduction reaction. The reduction reaction is part of the redox reaction which occurs in the solution. This reaction will cause a decrease of the electrode potential. The electrons needed for this reaction are from a reaction at the reference electrode. Because of this reaction less 'oxidation' ions are present around the working electrode. This causes a gradient in the ion concentration, which causes a diffusion of the specific ions. There will arise a flux J to the electrode, which is related to the reduction current. The original concentration of the ions can be determined through the reduction current. The reduction current is dependent on the flux and the flux is dependent on the concentration gradient as can be seen in equation 2. $i_{red} = nFAD \frac{dC_{ox}(x)}{dx}$ With a few assumptions this equation can be simplified. First of all, the slope of the gradient is linear. Secondly, the layer where the diffusion takes place has a fixed thickness. Thirdly the $C_{ox}(x=0)$ has to be zero, for that a good potential has to be chosen. The result of equation 2 and the assumptions above is shown in equation 3. $i_{red; limiting} = nFAD \frac{dC_{ox}(x)}{dx} \Big|_{x=0} = nFAD \frac{C_{ox}(bulk)}{\delta}$

=

$nFAD \frac{C_{ox}(bulk)}{\delta}$ (3) With equation 3 it is possible to determine

the concentration of ions. Sensors For this review paper there is looked at

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various sensors for the detection of cholesterol. These sensors are described briefly and the important features are summarized in table 1. RSD is the sensor to sensor reproducibility relative standard deviation. Abdelwahab et al. used the conducting polymer, poly(3,4-diamine-2,2,5,2-thiophene) (PDATT) as a matrix for the immobilization of biomolecules and Glutathione (GSH) as a matrix for the capture of gold nanoparticles (AuNPs) and biomolecules (ChOx). In this study the process of immobilized ChOx on the AuNPs-GSH/PDATT electrode was studied to develop a cholesterol sensor. The maximum current response was observed at a potential of -0.3 Volt with an optimum pH of 7.0 and an optimum temperature of 25°C. The performance of the cholesterol sensor was tested under optimum conditions and showed a sensitivity of 0.054 $\mu\text{A}/\mu\text{M}$, as can be seen in figure 2, with a linear range from 10-30 μM and a detection limit of 0.3 μM . The detection time was 0.5 s with a RSD of 4.7%. Figure 2: Amperometric response using the ChOx/MP/AuNPs-GSH/PDATT electrode. The inset shows the corresponding calibration plot of cholesterol. Most cholesterol sensors use cholesterol oxidase (COD) as the enzyme to catalytically oxidize cholesterol to 4-cholesten-3-one and hydrogen peroxide. Disadvantages of this use are physical and chemical influences like temperature and pH effects. Chiang et al. detect cholesterol based on indirect electrochemical oxidation with bromine which acts as electron mediator or electrocatalysts. A three-electrode system was used, with a platinum plate as working electrode, a Ag/AgCl/saturated KCl electrode as reference electrode and a platinum plate as counter electrode. It takes 60 seconds to reach an equilibrium and an equilibrium potential of 0.5 V was reached.

The cholesterol is oxidized in an electrolytic solution consisting of NaClO_4 , KBr and N,N -dimethyl-formamide (DMF) in which NaClO_4 acts as a supporting electrolyte to improve the conductance. KBr serves as a source of the bromine and DMF is for dissolving cholesterol. Amperometric detection was chosen at an applied potential of 1.82 V (vs. $\text{Ag}/\text{AgCl}/\text{saturated KCl}$). With this cholesterol sensor there was found a sensitivity of 31.08 $\mu\text{A}/\text{mmol}\cdot\text{cm}^{-2}$, a linear range of 30-200 μM , a detection limit of 3.2 μM and a response time of 45 seconds. The sensitivity of this cholesterol sensor showed in figure 3. Figure 3: Calibration curve for the amperometric detection of cholesterol using an indirect electrochemical oxidation method. The cholesterol sensor of Fang et al. has a carbon electrode base for the working, reference and auxiliary electrodes. More ingredients should be added to the working electrode, like cholesterol esterase, cholesterol dehydrogenase and the coenzyme nicotinamide adenine dinucleotide (NAD). The reactions that take place can be seen in figure 4. This sensor is disposable. A buffer of 50 mM phosphate with a pH of 7.0 is used to get a required pH for a sensor response that is as high as possible. The sensor is tested for different temperatures. It showed that there is only a small difference in sensor response between a temperature range from 15 to 42°C which shows this sensor is temperature independent. The sensor has a linearity range of 50 - 500 mg/dl and a detection limit of 50 mg/dl. The sensitivity is equal to 0.02344 $\mu\text{A}/(\text{mg}\cdot\text{dl})$. This is shown in figure 5. The sensor has a stability of 100 days. The sensor tests the cholesterol through a simple test strip. It has a few advantages because of its simplicity like the low costs and the reproducibility of the fabrication of the

strips. Because it is disposable it can easily be used in every household.

Figure 4: Schematic depiction of total cholesterol biosensor, where CHD, cholesterol dehydrogenase; CE, cholesterol esterase; Chol, cholesterol; ChE, cholesterol ester; PDo is the oxidation state of PD and PDr is the reduction state. 3 The amperometric cholesterol sensor of Huang et al. is a non-enzyme sensor based on the host-guest effect of Beta-cyclodextrin (β -CD) for cholesterol. 4 This host-guest effect is used to extract the cholesterol out of a specific solution. An Au electrode is used as base for the working electrode. The total working electrode was named as MB/ β -CD/AuNPs/Au. Methylene blue (MB) and Beta-cyclodextrin are added to the electrode. The sensor uses a saturated calomel electrode as reference electrode and platinum wire as auxiliary electrode. As shown in figure 6 the cholesterol replaced the MB which was in the β -CD. And because of this change the peak current decreases. This means that the MB molecules diffuse into the solution, which results in a reduction of the redox reaction. The disadvantages of an enzymatic sensor, like that it is required to retain the catalytic activity of the enzyme, will be overcome by the use of a 3 Figure 5: the calibration curves of the total cholesterol biosensors at sampling time 38 s with linear regressions. Five readings were taken at each measurement. 3 nonenzymatic sensor. The highest sensor response was reached with a pH of 7. That is why 20 mM phosphate buffered saline (PBS) with a pH of 7.0 was chosen as the supporting electrolyte. When this sensor is placed in a cholesterol solution the MB will be replaced by the cholesterol. Because the MB is in the solution there will be a reduction of the redox signal. The sensor showed a linearity from 2×10^{-8} to 5×10^{-5} M and has a minimum

detection limit of 7×10^{-9} M. The recovery of the determination of the sensor has been measured to know if the sensor could be used for real sample determination. The recovery has a range of 96.5 to 103.6% for three serum samples, this shows that this technique can be used for the detection of cholesterol. Figure 6: Schematic presentation of the fabricated cholesterol amperometric biosensor. The amperometric cholesterol sensor of Liet al. uses porous tubular silver nanoparticles to measure cholesterol. This will be used for the working electrode with a glassy carbon electrode. The reference electrode is a saturated calomel electrode and the counter electrode is platinum wire. It is a nonenzymatic sensor. An enzymatic sensor has a few disadvantages like that the activity of an enzyme decreases because of the use and the sensor response is dependent of the temperature and pH. That is why also a nonenzymatic sensor is made to overcome these disadvantages of an enzymatic sensor. And the porous Pt nanostructure should be working well for this electrode. The response can change through changes in pH, the potential and the amount of Ag nanoparticles on the working electrode. At a pH of 13 the current was at his maximum. The optimal potential is +0.35V. And the amount of nanoparticles should be $1.5 \mu\text{L}$. The sensor has a linear range from 2.8×10^{-4} M to 3.3×10^{-2} M and a detection limit of 1.8×10^{-4} M. This linearity is shown in figure 7. The sensor has a good stability, after 50 measurements the sensor response was still 95.3%. Its response time was 20 seconds. Figure 7: Amperometric responses of 1D porous tubular Ag modified GCE at 0.35V upon successive additions of $5.0 \mu\text{L}$ 0.28M cholesterol to 5.0mL 0.1M pH 13 NaOH. Inset: plot of catalytic current vs cholesterol concentration (RSD: 4.51%). Ohnuki et al. developed an

amperometric sensor based on hybrid organic-inorganic Langmuir-Blodgett films. The integration of organic and inorganic materials is promising for development of new sensors and may produce new functions. The Langmuir-Blodgett method used for the development of this sensor provides ultra-thin multi-layer films in which thickness can be controlled for several purposes in sensors. In new sensors for detection glucose the Langmuir-Blodgett is already used, Ohnuki et al. shows that with the same technique a biosensor for the detection of cholesterol can be made. They developed a hybrid Langmuir-Blodgett film of positively charged octadecyltrimethylammonium (ODTA), which will immobilize the negatively charged cholesterol oxidase (ChOx), and nano-sized Prussian blue (PB) clusters. This results in a hybrid Langmuir-Blodgett film of ODTA/PB/ChOx, which works as a cholesterol sensor. In the first step, the ChOx catalyzes the cholesterol oxidation reaction. In the second step, PB clusters catalyze the reductive reaction of H₂O₂ at a small working potential with a redox cycle between PB and its reduced form of Prussian white. This induces an electrical current flow proportional to cholesterol concentration which can be measured with an amperometric measurement. The cholesterol biosensor was tested by measurement of electric current flow, operating at 0.0 V (vs Ag/AgCl in a buffer solution of pH 7.0). The reaction time was found to be 20 seconds with a stable linear relationship within the range 0.2-1.2 mmol/L. The sensor sensitivity turned out to be 1.6 $\mu\text{mol}^{-1}\text{cm}^{-2}$ for a Langmuir-Blodgett film of six layers as can be seen in figure 8. The amperometric cholesterol sensor of Pundiret al. is based on an epoxy resin membrane. The total working electrode is made of an epoxy resin membrane with

immobilized cholesterol oxidase that was applied on a Pt electrode.

The reference electrode is an Ag/AgCl electrode and the auxiliary electrode uses an Ag wire. This is chosen for an epoxy resin membrane because it should have a high affinity for enzyme, high temperature stability, chemical resistance and low cost. The potential which should be used is +0.5 V, because of the highest sensor current for this potential. The optimal pH for this sensor is 7.0 and the optimal temperature is 45°C. The cholesterol is measured out of the serum of Figure 8: Response current density versus cholesterol concentration for ODTA/PB/ChOxLB films (six layers). For the vertical axis, changes in response current density observed at each cholesterol injection are plotted. The cholesterol sensor has a linearity of 1-8 mM. The detection limit lies also at 1.0 mM. And the sensor has a sensitivity of 0.63 μ A/mM and a response time of 25 seconds. The linearity is shown in figure 9. The stability drops for 50% over 6 months. The coefficients of variation were 1.59% and 1.9% and these low values say that the method is accurate, reproducible and reliable. The major problem for amperometric detection is the overestimation of the response current due to interferences such as carbonic acid. This problem can be overcome with several techniques as combination of enzymes or devising techniques to reduce the interference. Safavi et al. use the properties of gold-platinum (AuPt) alloy nanoparticles for fabrication of a cholesterol sensor. AuPt has excellent catalysis and resistance to deactivation due to high synergistic action between gold and platinum. They developed a sensor by electrodeposition of AuPt on a glassy carbon electrode with chitosan and ionic liquids. Chitosan is used for the excellent film forming capability, biocompatibility, nontoxicity,

good water permeability and high mechanical strength. Ionic liquids are used because of their wide electrochemical window, high ionic conductivity and good thermal stability. ChOx was immobilized on the surface of the electrode by cross-linking ChOx and chitosan which resulted in a ChOx/AuPt-Ch-IL/GCE biosensor. The amperometric response was tested at -0.1 V and a pH of 7.0, which proved to be the best after multiple tests. The biosensor exhibited two linear ranges for 0.05-6.2 mM and 6.2-11.2 mM, with a sensitivity of 90.7 $\mu\text{A}/\text{mmol}\cdot\text{cm}^2$ and a detection limit of 10 μM which can be seen in figure 10. The response time of the sensor was less than 7 seconds with a RSD of 4.2%. Long-term stability was also tested with 90% of its original response after 30 days of storage. The amperometric cholesterol sensor of Wisitsoraat et al. uses a functionalized carbon nanotube (CNT) electrode as working electrode. The reference electrode is made of Ag and the auxiliary electrode of Pt. The electrodes are placed in a flow injection microfluidic chip based on polydimethylsiloxane/glass. The sensor uses a microfluidic system. Its advantages are a low sample consumption, high sample throughput and high total analysis capability. The CNT electrode is used because earlier studies showed that it has a high sensitivity, low detection potential and fast response. The injection volume, the pH of the buffer, the enzyme concentration and the ambient temperature can influence

the sensor response. The optimal pH range will be between 7.0-7.5. The best temperature range is between 20-30°C. In both of these ranges the sensor response is almost horizontal. The maximum enzyme concentration is set on 50 U/ml, because up to this point the increase is linear.

The amperometric cholesterol detection is used with the ranges determined above. The cholesterol sensor has a linearity between 50-400 mg/dl. The sensitivity is equal to 0.0512 nA/(mg/dl). This is shown in figure 11.

The corresponding detection limit of this sensor is 10 mg/dl. It has a throughput of around 60 samples per hour. The amperometric cholesterol sensor of Yanget al. is made of platinum nanoparticles. For the working electrode this was added to a carbon nanotube thin film. An Ag/AgCl plate in saturated KCl solution was used as a reference electrode and a platinum plate was used as counter electrode. Figure 11: Calibration curve as a function of cholesterol concentration. It is a nonenzymatic sensor. The advantages of a nonenzymatic sensor are their stability, simple fabrication and low costs and their reproducibility. Carbon nanotubes have a high electrical conductivity.

The platinum nanoparticles have the advantage it has a long term cyclic stability and a Pt NP/CNT electrode can have a wide linearity with a low detection limit and high sensitivity. The sensor was performed in 50 mM phosphate buffered saline (PBS) with a pH of 7.0. The highest sensor response was reached with a 24 bilayer of the CNT film. Also the highest sensitivity is found at a 24 bilayer. The sensor has a linearity from 0.005 to 10 mM with a minimal detection limit of 0.0028 mM. It has a sensitivity of 8.7 $\mu\text{A}/(\text{mM cm}^2)$. This linearity is shown in figure 12. The sensor has a good stability. No obvious changes were seen in a period of 1 month.

Conclusion Amperometric cholesterol sensors are made in several different ways with all different working principles and features. Which cholesterol sensor is best differs on the purpose of your use and the requirements someone is looking for. Cholesterol concentrations in humans are defined as high when the cholesterol sensor is above 240 mg/dL ($> 6.21 \text{ mM}$). For the detection of cholesterol in human there is need of a cholesterol sensor at least linear in the range of interest. Different sensors in this review paper are not linear within this range, but can be useful for the determination of cholesterol concentration in food. The concentration of cholesterol in food might be lower than in humans and might require a better sensitivity for instance. The decision which cholesterol sensor one should use is dependent on the several features which can be seen in table 1. A decision could be made on the importance of the features for the purpose of the cholesterol measurement. For this review paper there is looked at amperometric sensors, which are the most used sensors for the detection of cholesterol. Amperometric cholesterol sensors are the biggest group of cholesterol sensors developed in the last five years. For further research it might be of interest to review different types of cholesterol sensors and compare these different types.