

# A major role in cardiomyopathy biology essay

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the heart muscle characterized by cardiac dysfunction. Several miRNAs including those involved in heart development are found to be dysregulated in cardiomyopathy. These miRNAs act either directly or indirectly by controlling the genes involved in normal development and functioning of the heart. Indirectly it also targets modifier genes and genes involved in signaling pathways. In this review, the miRNAs involved in heart development, including dysregulation of miRNA which regulate various genes, modifiers and notch signaling pathway genes leading to cardiomyopathy are discussed. A study of these miRNAs would give an insight into the mechanisms involved in the processes of heart development and disease. Apart from this, the information gathered from these studies would also generate suitable therapeutic targets in the form of antagomirs which are chemically engineered oligonucleotides used for silencing miRNAs.

**MICRO RNA REGULATION DURING CARDIAC DEVELOPMENT AND REMODELING IN CARDIOMYOPATHY**

**Abstract** miRNAs have been found to play a major role in cardiomyopathy, which is a disease of the heart muscle characterized by cardiac dysfunction. Several miRNAs including those involved in heart development are found to be dysregulated in cardiomyopathy. These miRNAs act either directly or indirectly by controlling the genes involved in normal development and functioning of the heart. Indirectly it also targets modifier genes and genes involved in signaling pathways. In this review, the miRNAs involved in heart development, including dysregulation of miRNA which regulate various genes, modifiers and notch signaling pathway genes leading to cardiomyopathy are discussed. A study of these miRNAs would give an insight into the mechanisms involved in the processes of heart

development and disease. Apart from this, the information gathered from these studies would also generate suitable therapeutic targets in the form of antagomirs which are chemically engineered oligonucleotides used for silencing miRNAs.

**Introduction** Cardiomyopathy is a disease of the heart muscle characterized by cardiac dysfunction, arrhythmia, heart failure and sudden death. It is a major cause of morbidity and mortality worldwide. Cardiomyopathies can be classified into 2 major groups based on predominant organ involvement: Primary cardiomyopathies (genetic, nongenetic, acquired) are those confined to heart muscle and Secondary cardiomyopathies which show pathological myocardial involvement as part of a large number and variety of generalized systemic (multiorgan) disorders (Elliott P et al., 2008 ; Barry J. M et al, 2006).

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It is also considered as a disease of sarcomere and cytoskeleton and recent studies have revealed new facets about the role of micro RNAs in cardiac development and remodeling. A growing body of exciting evidence suggests that miRNAs are regulators of cardiovascular cell differentiation, growth, proliferation, angiogenesis and apoptosis. It has provided glimpses of undiscovered regulatory mechanisms and potential therapeutic targets for the treatment of cardiomyopathies. miRNA, an endogenous ~22nt RNA, plays important regulatory roles in animals and plants. They cleave the target mRNA or translationally repress them. The first miRNA discovered, was lin-4 in *C. elegans*, which was found to produce a pair of short RNA transcripts that regulate the timing of larval development by translational repression of lin-14, which encodes a nuclear protein (Lee R. C et al. 1993). Since the discovery of let-7, thousands of miRNAs have been identified in organisms as diverse as viruses, worms, and primates through random cloning and sequencing or computational prediction. A hepta nucleotide sequence at the 5' end of the miRNA is essential in the base pairing specificity with the

3'end of the mRNA (Gregory P. A., et al. 2008). Role of miRNA in heart development and function: Role of miRNAs in heart development was identified in Zebrafish and mice by targeting the Dicer protein which is the main component of miRNA machinery. Zebrafish lacking maternal and endogenous Dicer exhibited heart developmental defects (Giraldez A. J et al. 2005 ; Wienholds E. et al. 2003). Cardiac-specific deletion of Dicer in mice resulted in pericardial edema and poorly developed ventricular myocardium resulting in embryonic lethality (Zhao Y. et al 2007). Adult mice lacking Dicer in the myocardium revealed high incidence of sudden death, cardiac hypertrophy, reactivation of the fetal cardiac gene program (da Costa Martins P. et al 2008). Further studies also showed that additional miRNAs, miR1, miR133, miR1/133(bicistronic), miR21 and miR138 are involved in the regulation of heart development. miR-1/miR-133: The most abundant miRNA in cardiac myocytes and also the first miRNA implicated in heart development was miR-1 (Zhao Y. et al 2007). miR-1 and -133 are expressed in cardiac and skeletal muscles and are transcriptionally regulated by the myogenic differentiation factors MyoD, Mef2, and serum response factor (SRF) (Chen J. F et al 2008, Kwon C et al. 2005 ; Lagos-Quintana M et al 2001 ; Rao P. K et al 2006 ; Sokol N. S et al 2005 ; Zhao Y et al 2005). Targeted deletion of the muscle-specific miRNA, miR-1-2, was found to cause ventricular septal defects (VSD) in mice embryos resulting in immediate death and in some embryos it caused pericardial edema which contributes to embryonic mortality (Yu X et al 2008). In mice that survived postnatally, some died within months due to rapid dilatation of the heart and ventricular dysfunction, while many others suffered sudden cardiac death

because of abnormalities in cardiac conduction and repolarization. miR-1-2 also directly targets *irx5*, which is known to repress the potassium channel, *Kcnd2*, ensuring coordinated cardiac repolarization (Costantini D. L et al 2005). In adult miR-1-2 mutants, cardiomyocyte division continues postnatally due to abnormalities in cell-cycle leading to hyperplasia of the heart. miR-1 levels are low during cardiac development but seem to increase as development progresses (Zhao Y et al 2005). In mice, overexpression of miR-1 under the control of the myosin heavy chain (MHC) promoter negatively regulates cardiac growth, partly by inhibiting *MyoD*, *Mef2*, and serum response factor (SRF) (Chen J. F et al 2008, Kwon C et al. 2005 ; Lagos-Quintana M et al 2001 ; Rao P. K et al 2006 ; Sokol N. S et al 2005 ; Zhao Y et al 2005). Targeted deletion of the muscle-specific miRNA, miR-1-2, was found to cause ventricular septal defects (VSD) in mice embryos resulting in immediate death and in some embryos it caused pericardial edema which contributes to embryonic mortality (Yu X et al 2008). In mice that survived postnatally, some died within months due to rapid dilatation of the heart and ventricular dysfunction, while many others suffered sudden cardiac death because of abnormalities in cardiac conduction and repolarization. miR-1-2 also directly targets *irx5*, which is known to repress the potassium channel, *Kcnd2*, ensuring coordinated cardiac repolarization (Costantini D. L et al 2005). In adult miR-1-2 mutants, cardiomyocyte division continues postnatally due to abnormalities in cell-cycle leading to hyperplasia of the

heart. miR-1 levels are low during cardiac development but seem to increase as development progresses (Zhao Y et al 2005). In mice, overexpression of miR-1 under the control of the myosin heavy chain (MHC) promoter negatively regulates cardiac growth, partly by inhibiting translation of heart and neural crest derivative-2 protein, Hand2, which is involved in ventricular myocyte expansion (Zhao Y et al 2005). In *Drosophila*, dmiR-1 (miR-1 of *Drosophila*) plays an important role in differentiation of cardiac progenitor cells by targeting transcripts of delta, a ligand involved in Notch signaling pathway, which regulates the expansion of cardiac and muscle progenitor cells (Kwon C et al 2005). vaguely defined. This particular miRNA is stress induced and is a regulator of cardiac growth (Van Rooij E et al 2006). Hence its interaction with the HSP-70 gene family needs to be elucidated, as HSP is also a cardiac specific development gene. Sabatell et al (2011) showed that over-expression of miR-21 reduced endothelial cell proliferation, migration, and tube formation by targeting RhoB, whereas knockdown of miR-21 led to an opposite effect (Sabatell C et al 2011) miR-138: embryo, but within the zebrafish heart, it is specifically expressed in the ventricular chamber (Morton S. U et al 2008). Disruption of miR-138 function led to the expansion of the atrioventricular canal into the ventricle and failure of maturation of ventricular cardiomyocytes. It has thus been suggested that other region-specific miRNAs may reinforce known signaling and transcriptional networks that establish patterns of gene expression throughout the developing heart tube (Heitzler P. & Simpson P. 1991). Hence the relation between modifier genes and miRs during embryogenesis needs to be substantiated. miRNA in cardiomyopathy and cardiac remodeling:

miRNA mediated gene repression is an important regulatory mechanism to modulate fundamental cellular processes such as the cell cycle, growth, proliferation, phenotype, death, which in turn have major influences on pathophysiological outcomes like cardiac fibrosis, hypertrophy, angiogenesis, and heart failure (Catalucci D et al 2009 ; Thum T et al 2007 ; Thum T et al 2008). Although miRNAs are highly expressed in heart, their role in heart diseases especially cardiomyopathies still remains unclear. Multiple aberrant miRNA expression is a remarkable characteristic of the hypertrophic heart (Y Cheng et al 2007). The dysregulation and the time course changes of these multiple aberrantly expressed miRNAs match the complex process of cardiac hypertrophy formation in which several genes have been reported to be dysregulated (Dorn II G. W., Hahn H. S. 2004). Determining the effects of these dysregulated miRNAs in cardiac hypertrophy is the prerequisite for a novel research on cardiomyopathy. It was reported that a cardiac-specific knockout of the Dicer gene leads to rapidly progressive dilated cardiomyopathy (DCM), heart failure, and postnatal lethality. Dicer expression decreased in end-stage human DCM and heart failure. These findings suggest that Dicer function and miRNAs play critical roles in normal cardiac function and heart diseases especially during heart failure (Chen J. F et al 2008). miR-1/miR-133: miR-133 and miR-1 play critical roles in cardiac hypertrophy. In human and mouse models of cardiac hypertrophy, decreased expression of both miR-133 and miR-1 is reported. In vitro, overexpression of miR-133 or miR-1 inhibited cardiac hypertrophy. In contrast, suppression of miR-133 induced hypertrophy. In vivo inhibition of miR-133 by a single infusion of an antagomir caused marked and sustained cardiac



hypertrophy. RhoA, a GDP-GTPexchange protein (regulator of cardiac hypertrophy); Cdc42, a signal transduction kinase(implicated in hypertrophy); and Nelf-A/WHSC2, a nuclear factor (involved in cardiogenesis)are all targets of miR-133 (Carè A et al 2007). When overexpressed in normal or infarcted rat hearts, miR-1 aggravates arrhythmogenesis and elimination of miR-1 by an antisense inhibitor relieved arrhythmogenesis. The target of miR-1 was found to be gap junction protein  $\alpha 1$  (GJA1) which encodes Cx43, the main cardiac gap junction channel important for conductance in the ventricles (Luo X et al 2007) and potassium inwardly-rectifying channel, subfamily J, member 2 (KCNJ2) (Yang B et al 2007). miR-21: Inhibition of miR-21 in neonatal rat cardiomyocytes by transfecting locked nucleic acid(LNA)-modified antisense oligonucleotides(miR-LNA) to miR-21 or miR-18b induced myocyte hypertrophy while transfection of miR-21 and miR-18b duplexes slightly decreased cardiomyocyte size and decreased hypertrophy thus suggesting their role in regulating mouse models of cardiac hypertrophy, decreased expression of both miR-133 and miR-1 is reported. In vitro, overexpression of miR-133 or miR-1 inhibited cardiac hypertrophy. In contrast, suppression of miR-133 induced hypertrophy. In vivo inhibition of miR-133 by a single infusion of an antagomir caused marked and sustained cardiac hypertrophy. RhoA, a GDP-GTPexchange protein (regulator of cardiac hypertrophy); Cdc42, a signal transduction kinase(implicated in hypertrophy); and Nelf-A/WHSC2, a nuclear factor (involved in cardiogenesis)are all targets of miR-133 (Carè A et al 2007). When overexpressed in normal or infarcted rat hearts, miR-1 aggravates

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cardiomyocytes occurred at 2 weeks of age, which later progressed to a dilated cardiac hypertrophic phenotype by 6 weeks of age thus suggesting the critical role played by miR-195 in cardiac remodeling (Van Rooij E et al 2006). miR-29: The miR-29 family, which is downregulated after myocardial infarction, inhibits the expression of several collagens and extracellular matrix proteins, thereby contributing to scar formation and fibrosis, as seen in DCM, during heart failure. miR-208: miR-208 is required for the development of cardiac hypertrophy and myocardial fibrosis and it is also a positive regulator of MHC gene expression (van Rooij E et al 2007). expression of several collagens and extracellular matrix proteins, thereby contributing to scar formation and fibrosis, as seen in DCM, during heart failure. miR-208: miR-208 is required for the development of cardiac hypertrophy and myocardial fibrosis and it is also a positive regulator of MHC gene expression (van Rooij E et al 2007). Regulation of Modifiers by miRNAs: Stress is a major etiologic factor that may contribute to heart diseases. Stress overload can cause tissue injury; cardiomyocyte death is considered an important cellular basis for stress-induced injury in cardiomyopathies (Feuerstein G. Z., Young P. R. 2000). miR-199 family is rapidly downregulated in cardiac myocytes under hypoxic conditions, relieving the repression of sirtuin1 and hypoxia inducible factor 1-a in a model of hypoxia preconditioning. The miRNA that repeatedly showed dynamic regulation after cellular stress is miR-21, which promotes cardiac hypertrophy and fibrosis in response to pressure overload (Rane S et al 2009). Under stress a change in expression of HSP70 in rat myocardium is observed. HSP70 protects cardiomyocyte from stress induced injury by inhibiting Fas-mediated

apoptosis (Basu N et al 2001). The levels of miR-1 was found to increase significantly in response to oxidative stress which later reduced the levels of HSP70 favoring cardiomyocyte apoptosis, while decreased levels of miR-1 favored cardiomyocyte survival (Xu C et al 2007). The members of TGF- $\beta$  family have been found to have a cardioprotective role and are highly induced in affected hearts. Their putative roles during atherogenesis, infarct healing, cardiac repair and left ventricular remodeling have been proposed (Os I et al 2002). miR24a and miR34a seem to have a strong and specific regulatory effect on TGF  $\beta$  while miR-373 and miR34b have a constitutive role (Schultz N et al 2011). Stress is a major etiologic factor that may contribute to heart diseases. Stress overload can cause tissue injury; cardiomyocyte death is considered an important cellular basis for stress-induced injury in cardiomyopathies (Feuerstein G. Z., Young P. R. 2000). miR-199 family is rapidly downregulated in cardiac myocytes under hypoxic conditions, relieving the repression of sirtuin1 and hypoxia inducible factor 1-a in a model of hypoxia preconditioning. The miRNA that repeatedly showed dynamic regulation after cellular stress is miR-21, which promotes cardiac hypertrophy and fibrosis in response to pressure overload (Rane S et al 2009). Under stress a change in expression of HSP70 in rat myocardium is observed. HSP70 protects cardiomyocyte from stress induced injury by inhibiting Fas-mediated apoptosis (Basu N et al 2001). The levels of miR-1 was found to increase significantly in response to oxidative stress which later reduced the levels of HSP70 favoring cardiomyocyte apoptosis, while decreased levels of miR-1 favored cardiomyocyte survival (Xu C et al 2007). The members of TGF- $\beta$  family have been found to have a cardioprotective

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Understanding complex diseases like cardiomyopathies not only requires identification of genes and upregulation/downregulation of miRNAs, but also of the proteins that are regulated and signaling pathways that are affected by these miRNAs. Various intercellular signaling pathways have been implicated in the control of cardiogenesis viz. Notch signaling, FGF signaling, BMP signaling, Wnt/ $\beta$ -catenin signaling, Wnt/JNK pathways etc. Notch signaling and cardiogenesis: Notch signaling mediates numerous developmental cell fate decisions in organisms ranging from flies to humans, resulting in the generation of multiple cell types from equipotential precursors. Notch signaling is also involved in angiogenesis

and vasculogenesis. Notch signaling is a highly conserved and a complex mechanism initiated by the interaction of Notch receptors with their ligands. Understanding complex diseases like cardiomyopathies not only requires identification of genes and upregulation/downregulation of miRNAs, but also of the proteins that are regulated and signaling pathways that are affected by these miRNAs. Various intercellular signaling pathways have been implicated in the control of cardiogenesis viz. Notch signaling, FGF signaling, BMP signaling, Wnt/b-catenin signaling, Wnt/JNK pathways etc. Notch signaling and cardiogenesis: Notch signaling mediates numerous developmental cell fate decisions in organisms ranging from flies to humans, resulting in the generation of multiple cell types from equipotential precursors. Notch signaling is also involved in angiogenesis and vasculogenesis. Notch signaling is a highly conserved and a complex mechanism initiated by the interaction of Notch receptors with their ligands both of which are transmembrane proteins whose extracellular domains are composed of epidermal growth factor (EGF) like repeats (Eiraku M et al 2005). The Notch receptors include the Notch1-4 in mammals and Notch in *Drosophila*. The Notch ligands include classical ligands such as Jagged -Jag1 and Jag2 -and Delta-like -DLL1, DLL3 and DLL4 -as well as several atypical ligands DNER, F3/Contactin1, NB-3/Contactin6 and Delta-like 1 homologue. The Notch pathway is intricately involved in the development of the cardiovascular system. One of the major functions of Notch signaling is its ability to influence cell fate decisions during development (Kwon C et al 2005). Several of the Notch pathway components have been linked to the vascular system development, including Jagged1, Notch1, Notch2, Notch4

andpresenilin(Eiraku M et al 2005 ; Bray S. J et al 2008). It was reported that the Notch ligand andreceptor expression is restricted to either the endothelial or vascular SMC during different stagesof development. This is demonstrated by Notch1, Notch4 and Dll4 which are initially present inthe embryo in all blood cells and is later restricted to arteries. Similarly Notch2 expression isrestricted to the pulmonary artery (Bruckner K et al 2000). The epithelial-mesenchymaltransitions, a potential source of mesenchymal stem cells in the adult vasculature and cardiacvalves, may occur as a result of Notch activation by Jag1, which represses the activation of Wntpathway. Preferential expression of Jagged1 in the endothelial cells of injured blood vessels mayinduce high levels of Notch receptors in neighboring smooth muscle cells and reduce contactinhibition and cell adhesion through a reduction in cadherin levels indicating that Jagged1 maybe involved in the de-differentiation of vascular cells and the cellular proliferation phasecharacteristic for atherosclerosis (Ivey K. N et al 2008). It has been reported that constitutive activation of the Notch pathway significantly reducescardiac differentiation. The Notch1 receptor is responsible for the blockade of cardiogenesis. Notch1 also is involved in the suppression of catrdiomyocyte differentiation. It has also beenproposed that inhibition of cardiogenesis by Notch signalling is carried out by blockingmesodermal differentiation (Sethupathy P. Et al 2006). Hence Notch signaling pathway which isknown to influence cardiogenesis and heart development, in conjunction with miRNAs, needs tobe elucidated. Notch signalling and miRNA in cardiomyopathymiRNA regulation is essential for normal Notch signalling. Default repression by miRNAs doesnot necessarily have to target core

pathway components; it may be equally effective when it intercepts their transcriptional targets as shown by the default repression of the E (spl) and Bearded (Brd) gene clusters whose activation is dependent on signalling by Notch in *Drosophila*. This is a highly redundant system, in which families of related miRNAs (miR-2, miR-4, miR-7, miR-11 and miR-79) promiscuously target a family of related mRNAs, preventing aberrant deployment of Notch-mediated developmental programmes (Sabatell C et al 2011). Regulation of the expansion of cardiac and muscle progenitor cells is carried out by the notch ligand Delta, and this is targeted for repression by dmiR-1 (Rao P. K et al 2006 ; Sethupathy P et al 2006 ; Zhao Yet al 2005). Several conserved putative miR-1-binding sites were found in the 3'-UTR of the gene encoding Delta (Artavanis-Tsakonas S et al 1999 ; Corbin V et al 1991 ; Heitzler P. & Simpson P. 1991). It was also found that miR-1 fine-tunes Notch ligand Delta that is critically involved in differentiation of cardiac and somatic muscle progenitors and targets a pathway miRNA regulation is essential for normal Notch signalling. Default repression by miRNAs does not necessarily have to target core pathway components; it may be equally effective when it intercepts their transcriptional targets as shown by the default repression of the E (spl) and Bearded (Brd) gene clusters whose activation is dependent on signalling by Notch in *Drosophila*. This is a highly redundant system, in which families of related miRNAs (miR-2, miR-4, miR-7, miR-11 and miR-79) promiscuously target a family of related mRNAs, preventing aberrant deployment of Notch-mediated developmental programmes (Sabatell C et al 2011). Regulation of the expansion of cardiac and muscle progenitor cells is carried out by the notch ligand Delta, and this is targeted for



repression by miR-1 (Rao P. K et al 2006 ; Sethupathy P et al 2006 ; Zhao Yet al 2005). Several conserved putative miR-1-binding sites were found in the 3'-UTR of the gene encoding Delta (Artavanis-Tsakonas S et al 1999 ; Corbin V et al 1991 ; Heitzler P. & Simpson P. 1991). It was also found that miR-1 fine-tunes Notch ligand Delta that is critically involved in differentiation of cardiac and somatic muscle progenitors and targets a pathway essential for progenitor cell specification and asymmetric cell division. Introduction of miR-133 allows cardiac tissue formation, but the tissue is disorganized and does not lead to chamber formation. It has thus been shown that miR-1 and miR-133 function antagonistically to each other whenever miR-1 shifts the development of the stem cells towards a cardiac fate and miR-133 inhibits this event. The cardiac fate achieved by miR-1 is by transcriptional repression of Dll-1, which is the mammalian ortholog of Delta in *Drosophila* (Atsuhiko I et al 2011). It has also been reported that the members of the Hairy family, particularly Hrt2/Hey2, involved in heart disease, are themselves regulated by miR-1-2 and members of the Hairy family are transcriptional repressors which mediate Notch signalling. The effect produced by miR-1-2 on Hey2 is also seen on Hand1, involved in Notch pathway, which is a bHLH transcription factor involved in ventricular development and septation that, in combination with Hand2 (a paralog of Hand1), is known to regulate expansion of the embryonic cardiac ventricles (Kwon C et al 2005 ; Jiang Q et al 2009 ; Rusconi, J. C. & Corbin, V. 1998 ; Sabatell C et al 2011 ; Sapir A et al 2005). miR-1-2 appears to be involved in the regulation of diverse cardiac and skeletal muscle functions, including cellular proliferation, differentiation, cardiomyocyte hypertrophy, cardiac conduction and arrhythmias (Han Z. &

Bodmer R. 2003). Hence miRs regulating the Notch signaling pathway which is involved in cardiac development, differentiation and ultimately cardiomyopathy, needs to be evaluated. Conclusion In the preceding discussion, the involvement of miRNAs in regulating developmental processes in the heart and their involvement in cardiomyopathies via sarcomeric genes, modifiers and In the preceding discussion, the involvement of miRNAs in regulating developmental processes in the heart and their involvement in cardiomyopathies via sarcomeric genes, modifiers and signaling pathways such as the Notch pathway is reviewed. Mutations in sarcomeric genes are the primary causatives of the disease, whereas the modifiers determine the severity. The miRNAs regulating these genes thus play an important role in development and disease. The roles played by several miRNAs have been elucidated, but an in depth analysis of the miRNAs, and the genes that encode them and also the genes targeted by them is essential to bring forward the complex interplay that occurs during development and disease causation. Notch pathway is involved in the development of cardiovascular system, as it promotes cell proliferation and apoptosis. Many miRNA are known to regulate the Notch pathway and the dysregulation of these miRNA affects cell proliferation, differentiation, cardiac conduction, leading to cardiac hypertrophy and arrhythmias. But the information available in this context is still obscure. Further studies are necessary to identify other miRNAs involved in regulation of notch pathway. A study of miRNAs would also give us potential therapeutic targets in the form of antagomirs which are used for silencing miRNAs that are implicated in the manifestation

of cardiomyopathies. Complete revelation of the roles played by miRNA may give crucial insights into many of the mysteries of the human heart.