

Paraneoplastic pemphigus a retrospective case biology essay

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References Original Articles Paraneoplastic pemphigus: A retrospective case series in a referral center in northern

Taiwan Abstract Background/Objectives ¶ Paraneoplastic pemphigus (PNP) is a rare mucocutaneous disease with a high mortality rate. It is defined by polymorphic mucocutaneous manifestations, particular histological features, characteristic results of direct and indirect immunofluorescence examinations, presences of specific auto-antibodies, and associations with underlying neoplasms. However, currently, there is no existing study regarding to the characteristics of PNP patients in Taiwan. In this study, we report a case series and try to figure out the specific presentations of PNP patients in Taiwan. Methods ¶ We retrospectively recruited PNP patients treated in a referral center in northern Taiwan from 1998 to 2012. We collected the clinical manifestations, histopathological features, findings of direct and indirect immunofluorescence, results of immunoblotting, and all relevant clinical information. Results ¶ Eleven patients were identified with an average age of 62 years old. Polymorphic mucocutaneous manifestations were observed in almost all the patients. The most common presentation is pemphigus-like lesions, followed by lichen planus-like lesions. All patients had recalcitrant oral mucosal lesions. Five and four patients had genital and eye involvements, respectively. The mostly associated neoplasm is Castleman's disease, followed by malignant thymoma. Acantholysis is the mostly observed histological features, followed by lichenoid dermatitis

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and interface dermatitis. Depositions of immunoglobulins or complements on the surface of keratinocytes or along basement membrane zone were found in eight and seven patients, respectively. Respiratory symptoms presented in eight patients. Despite intensive treatments, seven patients expired.

Conclusion Patients with PNP in Taiwan is unique with a high association with Castleman's disease or malignant thymoma. Complete laboratory examinations and thorough investigations for occult neoplasms are mandatory to establish a diagnosis of PNP in patients with high clinical suspicions. Key words: Castleman's disease, Lymphoma, Paraneoplastic pemphigus, Thymoma

Introduction Paraneoplastic pemphigus (PNP), first reported by Anhalt et al in 1990, is a rare mucocutaneous disease with a very high mortality rate. Clinically, it is characterized by severe mucositis with polymorphic skin eruptions, occurring in patients with concomitant neoplasms. In the literature, most common associated neoplasms were lymphoid neoplasms, including non-Hodgkin's lymphoma, chronic lymphocytic leukemia, and Castleman's disease. 2, 3 In addition, several features, including histopathologic examination showing acantholysis and interface dermatitis, positive direct immunofluorescence (DIF) findings at the keratinocyte cell surfaces and/or along the basement membrane zone (BMZ), positive indirect immunofluorescence (IIF) results using different epithelia; and serum immunoblotting (IB) revealing a complex of five proteins of 250, 230, 210, 190 and 170 kd are demonstrated to be characteristic for PNP. 4 Among them, the association with a lymphoid neoplasm, positive IIF results on rat bladder, and recognition of envoplakin (210-kd) and/or periplakin (190-kd) upon IB are the most sensitive and specific features in the diagnosis of

PNP. 5 However, depositions of PNP autoantibodies were found in many tissues other than skin and epithelium, including kidney, urinary bladder, and muscles. 6 Besides, at least five different clinical and immunopathological variants were identified, including pemphigus-like, pemphigoid-like, erythema multiforme-like, graft-versus-host disease-like, and lichen planus-like. Therefore, Nguyen et al. 6 proposed a more encompassing term ❖❖ paraneoplastic autoimmune multiorgan syndrome (PAMS) ❖❖. In addition, several unusual cases were reported, including patients without an underlying neoplasm, 7 patients with lichenoid eruptions without detectable autoantibodies, 8 and patients without mucosal involvement. 9 All of these point out the complexity of the disease, the variety of mucocutaneous presentations and organ involvements, and the need for further investigations. To date, only several case series have been reported in the literature due to the rarity of the disease. In this study, we retrospectively collected PNP patients in a referral center in northern Taiwan and analyze the characteristics of this rare disease in the domestic region. Methods We retrospectively recruited patients of PNP treated in the National Taiwan University Hospital from 1998 to 2012. The diagnosis of PNP was according to the criteria proposed by Camisa and Helm, 10 including major criteria and minor criteria. Major criteria include polymorphous mucocutaneous eruption, concurrent internal neoplasia, and characteristic serum immunoprecipitation findings. Minor criteria include positive cytoplasmic staining of rat bladder epithelium by IIF, intercellular and BMZ immunoreactants on DIF of perilesional tissue, and acantholysis in biopsy specimen from at least one anatomic site of involvement. Patients must fulfill with three major or two

major and two minor criteria to be diagnosed with PNP. For patients presented with lichenoid variant of PNP not meeting the Camisa and Helm^{1,2}'s criteria, we used the criteria proposed by Cummins et al.,⁸ which include the following: (1) known or occult neoplasm; (2) extensive, refractory mucous membrane ulcerations; (3) histologic examination for mucosa or skin revealing lichenoid interface dermatitis; and (4) lichenoid or polymorphous blistering skin lesions and/or pulmonary involvement consistent with bronchiolitis obliterans (BO). We collected demographic data, associated malignancies, presentations of cutaneous lesions, presences of mucosal involvements, histopathological features, results of DIF and IIF, findings of IB, systemic symptoms, treatments, complications, and outcomes of all the patients.

Results

Patient characteristics

Eleven patients were recruited into this study. All patients were fulfilled with the Camisa and Helm^{1,2}'s criteria except two cases (Case 9 and 11). Both Case 9 and Case 11, presenting with severe mucositis with predominant lichenoid skin eruptions, met the Cummin^{1,2}'s criteria and were diagnosed as lichenoid variant of PNP. The average age was 62 years old (range 30-86). Seven patients were male and the other four patients were female. The development of mucocutaneous lesions before or concomitant with the diagnosis of underlying neoplasms was noted in six patients. Others presented with mucocutaneous manifestations months or years after the diagnosis of underlying neoplasms being made.

Associated neoplasms

All patients had at least one neoplasm. Two of them had two concomitant neoplasms. The most common associated neoplasm was Castleman^{1,2}'s disease (four cases, 36%), followed by malignant thymoma (three cases,

27%), follicular dendritic cell sarcoma (two cases, 18%) and non-Hodgkin's lymphoma (two cases, 18%). Most associated neoplasms were lymphoid neoplasms. Solid organ neoplasms were only encountered in two patients. One was squamous cell carcinoma of the lung, and the other was thyroid papillary microcarcinoma. For those presenting with concomitant neoplasms, one had follicular dendritic cell sarcoma arising from Castleman's disease, and the other had both malignant thymoma and thyroid papillary microcarcinoma. Mucocutaneous manifestations Mucocutaneous manifestations of the patients were polymorphic (Figure 1 and Table 1). All patients except one had more than one kind of mucocutaneous lesions. The most common presentation was pemphigus-like, widespread, crusted erosions and ulcerations (Figure 1A), which were observed in nine patients (82%). Pemphigoid-like lesions such as hemorrhagic blisters on the palms were only occasionally found (Figure 1B). Infiltrative, purpuric, polygonal, flat-topped papules and plaques (Figure 1C) or erosive lichenoid papules and plaques (Figure 1D) were the second most common feature and were found in eight patients (73%). Few patients also presented with erythema multiforme (EM)-like targetoid lesions. Pemphigus-like lesions were the predominant manifestations in six patients, while LP-like lesions were the predominant presentations in other five patients. All patients had extensive, refractory oral mucositis, involving lips, buccal mucosae, and tongues (Figure 1E). Genital erosions were found in five patients (45%) (Figure 1F), and eye involvements were observed in four patients (36%) (Figure 1G). In addition, other less common manifestations were also encountered, including paronychia (Figure 1H) and anonychia

(Figure 1I). Histopathology and immunopathology The patterns of histopathology varied and depended on the type of cutaneous lesions being sampled. Seven of the patients received more than two skin biopsies. Of all the skin biopsies, acantholysis (Figure 2A), including suprabasal acantholysis or intra-epithelial acantholysis, was mostly observed and presented in nine patients (82%). Lichenoid dermatitis (Figure 2B), that was lichenoid infiltration with apoptotic keratinocytes, was noted in skin specimen from six patients (55%). Interface dermatitis, that was basal vacuolar change with apoptotic keratinocytes (Figure 2C), was found in skin specimen from three patients (27%). Not surprisingly, to perform a clinico-pathological correlation, acantholysis was mostly found in pemphigus-like lesions and lichenoid dermatitis or interface dermatitis was mostly observed in clinically LP-like or EM-like lesions, respectively. For patterns of DIF findings, depositions of immunoglobulins or complements on the surface of keratinocytes (Figure 2D) were found in eight patients (73%). Linear depositions of immunoglobulins or complements along BMZ (Figure 2E) were noticed in seven patients (64%). Immunoglobulin M (IgM) cytoplasmic bodies (Figure 2F) were observed in three patients (27%) having LP-like lesions. For results of IIF findings, eight patients (73%) had positive serum anti-intercellular substance (ICS) antibodies using monkey esophagus as the substrates. Two of them also received IIF examinations using rat bladder as the substrates and had positive staining on the epithelium of the bladder. No patients had detectable anti-BMZ antibodies in their sera. Immunoblotting of serum samples were performed in five patients (Table 1). Two patients had all characteristic bands corresponding to 250, 230, 210, 190, and 170-kD proteins. One had

antibodies reacted with 250 and 230-kd proteins, one had bands at molecular weights of 190 and 210-kd, and another had only one band reacted with 40-kd protein. Respiratory involvement and complications In addition to mucocutaneous manifestations, systemic symptoms and complications occurred frequently in PNP patients (Table 2). Respiratory symptoms, including dry cough and dyspnea, were reported in eight patients (73%). Nevertheless, a diagnosis of BO was confirmed in only four patients (36%). Systemic infections were the mostly encountered complications during the period of treatment, including disseminated tuberculosis, cryptococemia, disseminated cytomegalovirus (CMV) infection, and herpetic keratitis. Two of the four above-mentioned patients with eye involvement had severe corneal perforations (Figure 1G) and needed to receive amniotic membrane transplantations to restore their visual acuity. Treatment and prognosis All patients received high dose of systemic corticosteroids (Table 2). The maximal dosage was daily 2-4 mg per kilogram body weight. Intravenous immunoglobulin (IVIG) was used in three patients with a dosage of 2 gram per kilogram body weight. Rituximab infusions with a dosage of 375 mg per square-meter body surface area (mg/m² BSA) were performed in two patients. Both patients had underlying lymphomas. Cyclophosphamide and azathioprine were both used in two of the patients. For treatments of underlying neoplasms, surgical interventions were performed in eight patients (73%). Chemotherapies were used in five patients (55%). Two of them had lymphomas. Two patients had follicular dendritic cell sarcomas, and another one had squamous cell carcinoma of the lung. Radiotherapy was applied on one patient (9%) with invasive lymphoma. Only one patient did

not receive any treatment for the underlying neoplasm because of the huge size of the tumor and poor general condition. The prognosis of the patients was dismal. Seven patients expired within 1-2 years after establishing the diagnosis of PNP. The mortality rate was 64%. All patients with a confirmed diagnosis of BO passed away rapidly after development of respiratory symptoms. For those patients being alive, two of them had symptoms of respiratory distress, but none of them had a confirmed diagnosis of BO.

Discussion In this study, we demonstrated characteristics of PNP patients in Taiwan. The main findings of this study are (1) polymorphic presentations of clinical and histopathological features are observed in our patients, (2) the most common associated neoplasm is Castleman's disease, followed by malignant thymoma, and (3) a poor prognosis and a high mortality rate are noted. We compared the characteristics of our PNP patients with several previously reported case series (Table 3). Like the design of our study, Ohyma et al. 11 and Legeret al. 12 reported PNP cases based on a hospital-based or nationwide database without selection for a specific associated neoplasm or age groups. The average ages of the patients in these two studies are similar with our study. The most common associated neoplasm of these two studies, which is different with us, is non-Hodgkin's lymphoma and chronic lymphocytic leukemia, respectively. Like our findings, polymorphic mucocutaneous manifestations are also reported in these two studies with pemphigus-like presentation as the most common mucocutaneous manifestation. The mortality rate and the extents of mucosal lesions are also similar except the ocular involvement, which is less frequently observed in our study. To clarify the reason of a higher

association of Castleman's disease in our study, we compared our study with other previously reported case series with PNP patients of Castleman's disease (Table 3). Minouni et al. 13 reported fourteen cases in children and adolescents, in which twelve were associated with Castleman's disease. They conclude that PNP in children and adolescents is most often a presenting sign of occult Castleman's disease. This is consistent with one of our patients (Case 1), who presented with longstanding mucocutaneous lesions since his adolescence and a mediastinal Castleman's disease complicated with focal follicular dendritic cell sarcoma was eventually identified more than 10 years later. Similar findings are reported in another two studies reporting PNP cases exclusively associated with 14, 15 Castleman's disease. The average age in both studies is young. However, only one of the four patients with Castleman's disease in our study is young. Therefore, age of the patients in our study could not account for the higher association. The possible reason is that there is genetic predisposition because around 77% of PNP patients are associated with Castleman's disease in China. 15 Although the ethnic groups in Mainland China are more diverse than those in Taiwan, the majority of people belong to Han Chinese in both regions. Lichen planus-like lesions are the main presentations in PNP patients associated 13-15 with Castleman's disease. Being consistent with this finding, three of four patients associated with Castleman's disease in our study have LP-like lesions as their main clinical manifestation. In addition, LP-like lesions present in all three patients associated with malignant thymoma in this study and are the predominant clinical presentations in two of them. Although the

association of pemphigus and thymoma is well established, 16 pemphigus-like presentations are not the main finding in PNP patients associated with malignant thymoma in this study. There are some reasons which could explain our observations. In addition to pemphigus, several reports have 17, 18 indicated that thymoma may be associated with lichen planus and graft-versus-host-like diseases. 19 Moreover, thymoma has been linked to numerous autoimmune diseases, including myasthenia gravis, hypogammaglobulinemia, alopecia areata, pure red cell aplasia, and so on. 20 The fact that thymus is an important immune organ to maintain central tolerance is logical to explain the occurrence of immune dysregulation in the setting of thymic tumors. 21 A previous study has provided evidence to support this notion. They demonstrated circulating CD45RA⁺CD8⁺ T cells is significantly increased in patients with thymoma compared with normal controls as well as intratumoral T cell development that is abnormally skewed toward the CD8⁺ phenotype. 22 Therefore, we propose that these abnormal CD8⁺ T cells in patients with thymoma may account for the development of clinical LP-like presentations and histopathological lichenoid infiltrations in our patients. However, further investigations are needed to confirm our hypothesis. The mortality rate of this study is 64%, which is comparable to the previous reports. Leger et al. 12 found 1-year overall survival rate was 49% which was consistent with our observation that most of the expired cases passed away within 1-2 years after diagnosis. The development of respiratory symptoms might be the most important risk factor for mortality in our study. Six of seven expired patients had respiratory symptoms, including dry cough and dyspnea. Four of them had a confirmed

diagnosis of BO. In line with our finding, pulmonary injury with respiratory failure has been demonstrated to be the cause of death in most PNP patients associated with Castleman's disease. 14 In addition, infections account for the cause of death in the majority of cases in another study, 12 which might be resulted from the use of high dose immunosuppressants. Indeed, high dose corticosteroids and/or combined with other immunosuppressants or immunomodulators were used in all of our patients. Several episodes of infections were encountered in our patients as above mentioned. We think that infections work synergistically with respiratory involvements in these patients leading to a fatal outcome. In addition to these causes of death, PNP patients with EM-like skin lesions have been demonstrated to have a more severe and rapid fatal outcome. 12 Four patients with EM-like presentations in our study did have more refractory courses and all of them expired. In this study, treatments for PNP and treatments for underlying neoplasms seem 12, 14 not to affect the prognosis, which is consistent with previous studies. However, a promising outcome has been reported in a study composed of 22 PNP patients associated with Castleman's disease, thymoma, and follicular dendritic cell sarcoma, who received surgical resections of their neoplasms. 23 Only 27% of the patients expired in that study. Of note, respiratory symptoms persisted in 13 patients. This similar scenario occurred in Case 1 of this study, whose mucocutaneous lesions became stationary after the operation despite the respiratory symptoms persisted. Nevertheless, another patient, Case 11 of our patients, experienced exacerbation of respiratory symptoms and development of myasthenia gravis after surgical removal of malignant thymoma. Four of our patients had eye

involvement. Two of them had severe corneal perforations and required an amniotic membrane transplantation. Corneal perforations^{24, 25} or melting in PNP patients have been reported. The exact mechanism is still²⁶ undetermined. Both humoral and cellular mechanisms might be involved in the pathogenesis of the disease. Although the best treatment for this condition is not fully investigated, amniotic membrane transplantations are the current standard of treatment and work well in our patients to prevent symblephara and further deterioration of visual acuity. Patients with PNP should monitor for the possibility of eye involvements and evaluate whether corneal erosions or melting present. Early identification with prompt management can reduce the risk of irreversible damage of visual acuity. In conclusion, our study is the first case series of PNP in Taiwan and outlines the characteristics of these patients. Polymorphic mucocutaneous presentations, frequent associations with Castleman's disease and malignant lymphoma, and a poor prognosis with a high mortality rate indicate that a high clinical suspicion, a thorough investigation for underlying neoplasm, and intensive treatments are mandatory to manage patients with PNP.