

What year, a major
study shows today.
one

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What the causes of bullying amongst students?" "Give me your money!" - Most of us have to hear this in some part of our student life but the biggest question is why it happens.

Some students bully, some get bullied, some try to protest and some other stay neutral. The act of this dominating behavior of bullies is based on several factors. Two main reasons out of many reasons are social climate and vulnerability, and being bullies after being victims.

School bullying takes place when some group of students tries to establish their power on a vulnerable student. It clearly shows the bad impact on the victim. The victim gets alone and even loses his or her friends. In different countries like Australia, America, United Kingdom, United States etc a racism is created amongst the school students.

Even the white starts to hate blacks. As a consequence, black students suffer from distress and provocation. It includes hostile intent. Sometimes, aggressive teenagers also create unbalanced harmony in school. Elsevier claims that (as cited in IISTE, 2015), "School social climate and individual differences | vulnerability to psychopathology among middle school students". For an act to be considered bullying it must meet certain criteria. So, nature or act that seem in school climate sometimes competition and jealousy also take place while bullies do bully.

The upper-classmen or freshman forms hazing among all. They create aggression to the victims more and more. According to Owens, Shute and Sleeteenage (as cited in IISTE, 2015), girls in Australia have this immense aggression in their sayings and haughtiness. To increase popularity or power,
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bullies turn their wrath on victims who perceived as weaker than them. Victims of bullying are most likely to become bullies themselves. Half of young have been bullied in the past year, a major study shows today. One in 20 suffers every day and a third of all victims say, they have had suicidal thoughts. It found bullies feel less loved by families than a typical child.

And the victims of bullies sometimes cannot express their depression due to losing friends and they fail to provoke. As a result, they start to become bad as bullies. They think like bullies about establishing power to vulnerable people. Thus bullies increase day by day. Max asked, (as cited in IISTE, 2015) bully and being bullied, how far the bullies are also victims.

In conclusion, there are several causes of bullying among students such as revenge against bullying, jealousy or frustration toward the victim, inadequate understanding and lack of empathy and the urge to be in control but the most emphasized causes are social climate and vulnerability, and being bullies after being victims. On the other hand, bullying has several effects such as increased risk of self-destruction behaviors, development of nervous habit and risk of depression. There are a number of precautions that might be implemented against bullying such as setting clear rules and expected a code of conduct and putting in place a mechanism for open communication.

So we must say that "The end of bullying begins with you" REFERENCES: Jan, A & Husain, S. (2015). Bullying in Elementary Schools: Its Causes and Effects on Students. *Journal of Education and Practice*, 6(19), Retrieved 21 December 2017, from <https://files.eric.ed.gov/fulltext/EJ1079521.pdf>