

It is certain that one
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[Life](#), [Friendship](#)



It is certain that one of the main threats that youngsters around the world face nowadays is excessive drug and alcohol abuse.

It only leads to one tragic early death through painful health conditions. If continued without considering the consequences that brief joy brought by partying and hangouts with their friends, however partying alone is not the problem. Partying is fun I also would like to party all day, but the thing is they don't know how to party safely. Having a drink or two if you can't relax without it is also would be fine which is my dad do most of the time when he gets to a party, as long as they don't overdose it will be okay, but what happens among the youth today is the opposite of this, which means they drink a lot of alcohol, sometimes above safe levels for a normal human being and that's not all there are so much new and unhealthy things in the market which is targeted to sell by addicting the youngsters, resulting their lives become miserable. That is where the over use or otherwise abuse of drugs comes to play among the youngsters. These so-called drugs don't even have the approval of the FDA or any health organization for that matter. The fresh-out chemists or drop-outs of medical colleges can make these drugs with the knowledge they have all they want as the ingredients is a bad motive to chase profit, so I believe that this is a great issue that we should be resolving, taking time to be noticed and worth spreading awareness.

As I stated above most of the youth in our society that means person who's age is between 16 to 20 faces the highest threat levels of this issue, as the reason I believe that they just started flying their own and they are just getting to know the society. They think it will be "cool" to drink what adults drink, that it would make them popular among the bunch or it appear that

they believe so. What they don't know is that they are ruining themselves by following these harmful trends. The teenagers around this age are still maturing so effects of the drugs or alcohol have on their organs can be much worse as an example their liver might get deteriorated much faster than a grown person or their lungs may be weakened quickly than a grown person if they started smoking at this age. It is not all when it comes to other drugs, the effects of the drugs even can be unpredictable due to accidental overdose.

If we talk about the drugs and their effects they can vary to their ingredients. Most of the drugs used by youth these days are made of muscle relaxing agents, sedatives or hallucinogenic medicine or plants which contain those properties. All suppliers of these drugs have to do is go to a manufacturer who cooks up something very hazardous and these immature kids would be on the line waiting to buy that party pill which gives the good time as the suppliers guarantee it, these sellers do not think twice when few stupid kids start popping the drug. All they do is sell more and more pill for profit they can earn. And that is just the pill there are so many drugs like acids/LSD, cocaine, heroin etcetera but the point is when they get addicted it all leads to a miserable life.

Youth in this age is rebellious in nature they often try to break rules not follow them so putting up more sets of strict laws would not do any good instead we have to show what the paths lead to. It is our social duty to lead them to a bright future. What I believe is that we can do that by pointing them to the cold hard truth, which is that if you follow these steps or do these things this

is going to happen to you and we should give them examples to it and we should also be role models for them to lead them by example so that they will know where the correct path leads to, and help anyway when deemed necessary but it should be their own choice too. We can not force someone to build a better future at this dangerous age we should give information so that they can decide on their own what is best to them. After the age of 20 a man is molded and it is really hard to change that mold, so the necessary actions must be taken in these dangerous age to set them in the proper path, so that they can be free from this threat.