

To the editor

[Profession](#), [Teacher](#)



To The Editor Joeys Newspaper Hello there. My name is Charles Tuigamala. I am writing in response to the question in the previous edition of the Joeys Newspaper that was released on the 30th of April 2013 which read, " Should we ban the Sports and Physical Activities in schools? " I think, personally, that this is not acceptable, Sports and PE in schools are very important. Not only do they keep the students fit; which helps during their life and general movement, but, it also enhances the release of the hormone adrenalin; which keeps them awake and active or ready to learn. I believe that Sports and PE should be kept in schools in order to help the students, in and out of school. Thank You, Yours Sincerely, _____ Charles

Tuigamala Faithful reader of the Joeys Daily Newspaper To The Editor Joeys Newspaper Hi. I am Charles Tuigamala, a faithful reader of the Joeys Newspaper. On the 30th of April 2013 I read a question put out to the readers, it read, " Should we ban the Sports and Physical Activities in schools? " I think, as a former teacher, that this is a very valid statement and should be carried out. The sports in schools distract and brainwash the students so much that they do not properly focus in school. The sporting activities also create adrenalin rushes which can in some cases be harmful to the body. This and also the fact that some teachers tend to force students in over exercising which gives them cramps and aches are reasons why, I think, it should be done. Thanks, Yours Faithfully, _____

Charles Tuigamala Faithful reader of the Joeys Daily Newspaper