

# [Sociology essay sample](https://assignbuster.com/sociology-essay-sample-essay-samples-2/)

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## Survey Questions: Fruits and Vegetables of AU Students

- Eating balanced diet   
- Eating fruits and vegetables more often   
- Dieting and exercising   
- Do not know   
- Yes   
- No   
- What is the overall nutrient content of fruits and vegetables?   
- Proteins   
- Vitamins   
- Fat   
- Carbohydrates   
- What is the form in which students consume fruits and vegetables at school?   
- Fruits: Fresh/Cooked/Processed/ Juice   
- Vegetables: Fresh/ Cooked/Processed/Juice   
- List three reasons why you need to add more fruit and vegetables to your diet.   
- Reason 1   
- Reason 2   
- Reason 3   
- How certain will you be able to eat more than two serving of fruits and vegetables per day?   
- Very certain   
- Relatively certain   
- Not very certain   
- Tip 1   
- Tip 2   
- Tip 3   
- How is your consumption schedule of fruits and vegetables?   
- Daily basis   
- Weekly basis   
- Monthly basis   
- Any time basis   
- How much fruits and vegetable portions should be consumed in a week?   
- Ten portions   
- Twenty portions   
- Thirty portions   
- Above thirty portions   
- When do you take vegetable serving?   
- Breakfast   
- Lunch   
- Supper   
- Any time   
- Three portions   
- Six portions   
- Nine portions   
- Above nine portions   
- When do you take fruit serving?   
- Breakfast   
- Lunch   
- Supper   
- Any time   
- Do you see the need for eating fruits and vegetables?   
- Yes   
- No   
- Why do you need to eat fruits and vegetables?   
- Social reasons   
- Health purposes   
- Family reasons   
- Any other reason (Specify)   
- Which gender needs to eat fruits and vegetables on a daily basis?   
- Males   
- Females   
- Both   
- Why do you think the above gender needs to eat fruits and vegetables daily?   
- Social reasons   
- Health purposes   
- Family reasons   
- Any other reason (Specify)   
- Which age group requires eating fruits and vegetables more often?   
- Children   
- Teenagers   
- Youth   
- Adults   
- Elderly   
- All   
- Why do you think the above age-group requires eating fruits and vegetables more often?   
- Development   
- Dieting   
- Health purposes   
- Do not know   
- Do age and gender factors dictate the intake of fruits and vegetables?   
- Yes   
- No   
- Which class of students do you think should increase their intake of fruits and vegetables?   
- Senior classes   
- Junior classes