

Study and sport

[Education](#), [Learning](#)



It's important that children should study hard at school. Time spent playing sport is time wasted. To what extent do you agree or disagree with this statement? Give reasons for your answer and include any relevant examples from your knowledge or experience at last 250 words. For a brighter future, most of children are expected to study hard not only at school but also at home so they often have a little time to spend for their hobbies like sports are criticized. Some argue that it's important that children should spend time studying instead of playing sport. While I appreciate the importance of study, I still think that sport are needed Firstly, I'd like to give opinion about how important study is. Nowadays, study is really necessary because study give us knowledge to have good result at school such as having good preparation to pass all examinations. Secondly, you can be more confident if you have a wide knowledge. For examples: when you travail or study abroad in a foreign country, you may be easily get along with foreign people and their culture. That time, your life must be more convenient such as having their help when you're in need. In other words, they may respect you. Because of how great benefits of study, people especially parents and teachers force their children and students to study hard and deny how good sports are. To children, study is their assignment and they have to complete it. However, what will happen if they study all day?. When they study too much, they must be mentally tired and can't concentrate on anything. Those can be one of the reasons why their results are getting worse. Playing sports help them to reduce stresses and they must be acquire lessons more easily at school. Being overweight by sitting too long has become a serious problem for over 9 million children. Therefore, sports are good choices for them to relax

because sports can balance and improve their health. For example, after playing basketball, my brother said that he felt good and became stronger. As a result, he looks higher than he'd been before and his result in studying is also better. Besides, playing sports help children in building good relationships. They can socialize with their friends and learn new experiences which can't learn at school. Teamwork is a good example to prove this point. When they work together, they can discuss and achieve their goal more easily than individual work. Despite of the importance of study, I strongly believe that sports are good for children. The problem is how long spend playing sport. Parents should encourage their child to play sports in free time because of its benefits.