Attitudes and job satisfaction essay sample

Psychology, Behaviorism



• To understand attitudes, their components and how they affect our behaviours • Compare and contrast the major job attitudes. • Define job satisfaction and show how it can be measured. • Summarize the main causes of job satisfaction.

Attitudes are evaluative statements- either favourable or unfavourableabout objects, people or events. Jung's definition of attitude is a " readiness of the psyche to act or react in a certain way" (Jung, [1921] Most attitudes are the result of either direct experience or observational learning from the environment.

Mainly there are 3 components of Attitudes-Cognitive

Affective

The emotional or feeling segment of an attitude

The opinion or belief segment of an attitude

Behavioral

Attitude

An intention to behave in a certain way toward someone or something

Moderating Variables

♣ The most powerful moderators of the attitude-behavior

relationship are:

■ Importance of the attitude-reflects fundamental values,

self interest or identification with groups or individuals have strong relation with behaviour & Correspondence to behavior- closer the attitude and behaviour, stronger the relationship & Accessibility- the more we talk, the more we remember and more its effect on behaviour

- ♠ Existence of social pressures- in accord with the attitude facilitates expression and vice versa ♠ Personal and direct experience of the attitude.
- **•** Leon Festinger (1957)
- No, the reverse is sometimes true! ♣ Cognitive Dissonance: Any incompatibility between two or more attitudes or between behavior and attitudes ♣ Individuals seek to reduce this uncomfortable gap, or dissonance, to reach stability and consistency
- ♣ The stronger the dissonance, the greater the urge to reduce it or actively avoid situations and information that create awareness of dissonance existing

Ways to reduce dissonance

Consistency is achieved ♣ by changing the attitude causing dissonance ♣
 modifying or changing the behaviors, ♣ or through rationalization

Desire to reduce dissonance depends on:

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Importance of elements creating dissonance

Degree of individual influence over elements Rewards involved in dissonance

Predicting Behavior from Attitudes

- Closer the match between attitude & behavior, stronger the relationship:
- ♣ Specific attitudes predict specific behavior ♣ General attitudes predict general behavior ♣ More frequently expressed an attitude, better predictor it is. ♣ High social pressures reduce the relationship and may cause dissonance. ♣ Attitudes based on personal experience are stronger predictors.

What are the Major Job Attitudes?

♣ Job Satisfaction ♣ A positive feeling about the job resulting from an evaluation of its characteristics ♣ Job Involvement ♣ Degree of psychological identification with the job where perceived performance is important to self-worth

Psychological Empowerment

♣ Belief in the degree of influence over the job, competence, job meaningfulness, and autonomy

Another Major Job Attitude

- Organizational Commitment
- ♣ Identifying with a particular organization and its goals, while wishing to maintain membership in the organization.
 ♣ Three dimensions:
 ♠ Affective emotional attachment to organization and belief in its values
 ♠ Continuance
 Commitment economic value of staying
 ♠ Normative moral or ethical
 obligations
 ♠ Has some relation to performance, especially for new
 employees.

More Major Job Attitudes...

◆ Perceived Organizational Support (POS) ◆ Degree to which employees believe the organization values their contribution and cares about their well-being. ◆ Higher when rewards are fair, employees are involved in decision-making, and supervisors are seen as supportive. ◆ High POS is related to higher OCBs and performance. ◆ Employee Engagement ◆ The degree of involvement with, satisfaction with, and enthusiasm for the job. ◆ Engaged employees are passionate about their work and company.

Job Satisfaction

♣ a pleasurable emotional state resulting from the appraisal of one's job; an affective reaction to one's job; and an attitude towards one's job. ♣ involves a complex individual summation of a number of discrete job elements. ♣ How to measure? ♣ Single global rating (one question/one answer) Best ♣ Summation of job facets score (many questions/one average) – standardized scale

Models of Job Satisfaction

Affect Theory- Edwin A. Locke's (1976)-satisfaction is determined by a discrepancy between what one wants in a job and what one has in a job. – how much one values a given facet of work (e. g. the degree of autonomy in a position) moderates how satisfied/dissatisfied one becomes when expectations are/aren't met Pispositional Model- Job Satisfaction is a relatively stable disposition of an individual -some individuals are likely to be consistently either dissatisfied or satisfied with their jobs

Causes of Job Satisfaction

Pay influences job satisfaction only to a point. ♣ After about \$40, 000 a year (in the U. S.), there is no relationship between amount of pay and job satisfaction. ♣ Money may bring happiness, but not necessarily job satisfaction. ♣ Personality can influence job satisfaction. ♣ Negative people are usually not satisfied with their jobs. ♣ Those with positive core self-evaluation are more satisfied with their jobs.

Employee Responses to Dissatisfaction

Active

Exit • Behavior directed toward leaving the organization Voice • Active and constructive attempts to improve conditions

Destructive

Neglect • Allowing conditions to worsen Loyalty • Passively waiting for conditions to improve

Constructive

Passive

Outcomes of Job Satisfaction

♣ Job Performance ♣ Satisfied workers are more productive AND more productive workers are more satisfied! ♣ Organizational Citizenship Behaviors ♣ Satisfaction influences OCB through perceptions of fairness. ♣ Customer Satisfaction ♣ Satisfied frontline employees increase customer satisfaction and loyalty. ♣ Absenteeism ♣ Satisfied employees are moderately less likely to miss work.

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More Outcomes of Job Satisfaction

- **⊈** Turnover
- Satisfied employees are less likely to quit.
- Many moderating variables in this relationship.

Economic environment and tenure • Workplace Deviance • Dissatisfied workers are more likely to unionize, abuse substances, steal, and withdraw.

Managerial Implications

- Managers should watch employee attitudes:

 They give warnings of potential problems

 They influence behavior

 Managers should try to increase job satisfaction and generate positive job attitudes
- Reduces costs by lowering turnover, absenteeism, tardiness, theft, and increasing OCB
- ♣ Focus on the intrinsic parts of the job: make work challenging and interesting