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## **Sex Related Behaviors with Technology**

The Internet advent is characterized with both negative and positive effects. For example, technology development has considerably affected the social structure of the society. Sex in the modern world has taken a new perspective. Particularly, technology has affected how people view and approach sex and sexual behaviors. This includes development of new strategies for enabling people satisfy their sexual desires.

Initially, technology has resulted to introduction of vibrators that has affected women in various ways. Although most men joke around and tease each other about solo masturbation activities, women are less forthcoming talking about their own experiences of self-pleasuring with the girlfriends. Whether the vibrators are used with sexual partners or alone, the topic is often, less talked about by many and only hushed and discreet comparison of notes on the best vibrators with close friends are discussed. Just like men, most women have masturbated at least once in their lives. This essentially takes a number of different forms include the use of fingers and vibrators (Peter, Andrew & Purnima 6). Most women are reported to feel guilty about it particularly those in committed relationships. However, according to a cross sectional research survey that was conducted on 2056 women, it is evident that partnered use of vibrators is becoming increasingly comfortable for many women (Debra et al 50). The research on bisexual, heterosexual and lesbian groups of women revealed that although little is known about the use of vibrators by women, it is related to a resultant increased sexual function and satisfaction. Vibrators are recommended by sex therapists as strongly connected to the treatment of hypoactive sexual disorder, anorgasmia,

persistent sexual arousal syndrome and for sexual enhancement and pleasure (Debra et al. 50).

In the past decades, the number of women who used vibrators was considerably low. However, the role of technology and its unprecedented fast spread cannot be underestimated. Currently, vibrators have become more common and readily available in the internet, adult bookstores, retail stores and sex-toy parties. Few studies have been done to explore the use of vibrators between partners from a general misconception on their application only during self-sex. Many researchers have considered use of vibrators as healthy since it helps improve the mood of a woman when used for masturbation. Scholars dispute the existence of obligations that come with partnered sex in which each of the partners have to be pleased. Most women confess that with use of vibrators they only worry on their own experience (Debra et al. 51). However, continuous use of vibrators has also been advised to interfere with the autonomous nervous system and affect a woman's response to normal sex with a male sexual partner where their orgasms are desensitized. Genital numbness or pain has similarly been highlighted as some of the side effects of vibrator use. Technological breakthroughs like waxing have furthermore contributed to the sexual behaviours manifesting in the society today. Pubic hair removal is a common culture to most women in the United States. It is significantly associated with younger aged women and has been evidenced to increase a greater interest in sex and hence the use of vibrators, hair removal has for instance been associated with longer vaginal penetration (Herbernich et al. 679). In this context, it is evident that technology has affected the perspective of sex by

women.

Men have also not been spared from the impact of technology on sexual behaviours. The issue of sexual enhancement drugs used mostly by men has become recurrent with the increased use of technology. Most of these drugs are readily available in online sites in the internet. These drugs promise to increase libido, sensitivity, blood flow and to enhance sexual performance and stimulation. Most are often prescriptions and others natural herbal formulas. It is not surprising that most men both young and old even above 40 have turned to such sex drugs to enhance their libido and sexual performance (Peter, Andrew & Purnima 6). Often, there are never any physical justifications for their dependency on these drugs. Most men take the drugs for purely psychological reasons when they eventually become over reliant on the drugs. The kinds of men believe that they cannot have satisfactory sex without the artificial boosters. It is common to find men using these performance enhancement drugs even with their partners whom they have sexual desires to although it is often assumed they tend to use them on partners they have to feeling towards. However, what most of these men fail to understand is that where insufficient bonding, trust and love between two healthy partners physically there is no need for such kinds of drugs. Studies have been done on the extent of reliance and use of such drugs by men that reveal that a large number of women have no problem with their sexual partners using the enhancement drugs and prefer their use (Peter, Andrew & Purnima 6). However, some women are against the use of these artificial enhancers and they claim that over dependence on such drugs affects sexual relationships.

The role of vibrators and sex enhancement drugs in the modern society is a major topic that continues to spur a lot of interest in both the specialists and civic groups of people. The crucial role that technology has played in catalyzing the fast spread of these sexual behaviours is similarly evident in most of the modern social and cultural set ups. This explains the effect of technology in development of new habits in the society.

## **Works Cited**

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