

Reality shows

[Media](#), [Television](#)



Reality television (also known as reality show) is a television programming genre that presents unscripted and humorous situations, documents actual events and usually features ordinary people instead of professional actors. Much of reality television programming falls into a subcategory as certain collections of shows within the genre use specific themes and focuses or incorporate elements from other genres, i. e., reality documentaries, reality game shows, reality legal programming.[1] Reality television began in 1948 with Alan Funt's TV series *Candid Camera*. [2] The genre exploded as a phenomenon around 1999—2000 with the success of such television series as *Big Brother* and *Survivor*. [1] Programs in the reality television genre are often produced in a television series.

Documentaries, television news and sports television are usually not classified as reality shows. Reality television offers viewers a glimpse into the lives of people that might otherwise not be seen. It can also be seen as a platform for the subjects of the programs, to clear up misconceptions, and show their story or struggle. [3] The genre covers a wide range of television programming formats, from game show or quiz shows which resemble the frantic, Japanese variety shows produced in Japan in the 1980s and 1990s (such as *Gaki no tsukai*), to surveillance- or voyeurism-focused productions such as *Big Brother*. [1] Reality television frequently portrays a modified and highly influenced form of day-to-day life, at times utilizing sensationalism to attract audience viewers and increase advertising revenue. [4] [5]

[6] Participants are often placed in exotic locations or abnormal situations, [1] and are often persuaded to act in specific scripted ways by off-screen "story editors" or "segment television producers", with the portrayal of

events and speech manipulated and contrived to create an illusion of reality through direction and post-production editing techniques.[4][5][6]