

Sex in youth does really affect their future?

[Health & Medicine](#), [Pregnancy](#)



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Premarital Sex Issue In Youth" By Miguel Isaac M. Pangindian Name of
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English IV S. Y 2010-2011 Sex In Youth does really affect their future? I.

Introduction Premarital sex is doing an affair in couples that are not married,
this case is illegal but even if it is illegal many of couples today is in this kind
of situation. Premarital sex is prone even in teenagers. Premarital sex is a
huge problem in our society today, Manila, Philippines has a very young
population. A study reveals that at least one-third of the 475, 000 abortions
in the country are attributed to women aged 15-24 years old. Three out of
four maternal deaths are from the adolescent group. Teens everywhere are
not waiting until they are married to have sex. “ Teens are saying ‘ sex is
fun’ and ‘ everybody is doing it’” in this kind of situation peer pressure is can
trigger them to do sex, Teens are less developed, emotionally and physically
before having sex, and they are not prepared for the serious problem that
will come after having a sex. A teenage girl are saying “ I’ll be fine, we used
condom, there are no worries. ” But the thing they don’t know is “ No form of
contraception can prevent a heart from being a broken, and a soul from
being a lost" Premarital sex is increasing in the Philippines. The study shows
that 20 percent of premarital sex occurs among high school students. Many
first sexual encounters are not planned or wanted. Most sexual experiences
are unprotected. Youth is very wondered how sex feels like, perfectly to
those still virgin. Sex fantasy is very wonderful mostly in Male because mala
brain produce more sex hormones than women. After someone experiences

premarital sex there is often feeling of disappointment and feelings of regret over lost virginity. These feelings can cause tremendous problems in the relationship. "When we lose something we know is valuable we feel regret. Teenagers need to realize, once one's virginity is gone, it is gone forever. While maturity plays a large part in the decision to have sex, it may not be enough. There is no "right" age to start a sexual relationship. It is a very individual and personal decision. People need to be aware of the emotional consequences of premarital sex.

II. Causes that may lead to "Premarital sex"

Some of youth has poor parenting so they are more vulnerable to their peers where they can have the attention they want, as he or she find something curious peer pressure can trigger them to do unnecessary things like consumption of alcohols, drugs, cigarettes etc. when they are now under alcohol, sex is now free to move over the youth. Where it starts, it starts in the house because of poor parenting. But sometimes when a youth is over-disciplined, they rebel and do the things they don't know that lead them into their peers and have some fun, here comes again the drugs and alcohol and peer pressure that can be a cause to a sex or premarital sex. We can say that lack of parenting and over-parenting may be the cause of leading them to premarital sex, secondary is the lack of education, peer pressure, alcohol and drugs. I list some causes that lead to "Premarital Sex"

- * Poor Parenting
- * Peers Pressure
- * Lack of Education
- * Family Problem
- * Drugs, Alcohol. Etc
- * Environment

Premarital sex is most strongly linked with drug use. Youth are not very mentally and physically ready in this kind of situation, having sex is fun but the fact it is more dangerous when you are in it.

III. Effects of "Premarital Sex"

Whether you're a youth or not you are

prone to a negative effect of " Premarital Sex" Negative side of premarital sex is losing moral, early pregnancy and disease and guilt. The most destructive contribution of premarital sex in youth is " Early Pregnancy" how could a youth stand in that situation that they don't have enough experience in life. Physically and mentally is very poor in youth to be pregnant at early age. Early pregnancy in youth bring many regrets that may lead them to suicide because of shameful in society or personal regrets. Many youth having an intercourse unprotected so as they having a sex, transmitted disease is now prone like herpes and AIDS. I list some Effects from " Premarital Sex" * Early Pregnancy * Committing Suicide * Regrets * Losing Virginty * Upside down relationship * Discrimination * Stress * Abortion * Health problems * Death because of giving birth * Sex Transmitted Disease Youth may enjoy it, but the thing they don't know is the responsibilities they will carry. IV. Conclusion I chose this topic because I want to inform everyone about " Premarital Sex" negative side, despite it is fun and seems nothing to worry, well you're wrong. Many things we may lose like our virginty and self respect. In teens " sex becomes the focus, and other aspect of the relationship have no chance to develop like a friendship" sex are troublesome. In order to have a good relationship a person needs to develop a sincere friendship with his or her partner. " Friendship lays the foundation for love to blossom". V. Bibliography http://www. upiasia. com/Society_Culture/2007/11/20/commentary_sex_and_filipino_youth/7325/ <http://www. mrjimhoman. com/klusawpaper. html>