

Primal leadership

[Business](#), [Leadership](#)



I believe there is a common connection between emotion, and the choices we make. A strong initiative can do wonders for injecting a more meaningful life into character development and personal growth.

By constructing key emotions of feelings and thoughts, we can produce a huge advancement in our life, career, and community. In reading *Primal Leadership: Unleashing the Power of Emotional Intelligence* authors by Daniel Goleman, Richard Boyatzis, and Annie McKee along with *How Remarkable Women Lead: The Breakthrough Model for Work and Life* written by Barsh and Cranston, you begin to understand the pillars of leadership and the building blocks for success utilizing these key components of emotion.

Each book contains similar yet construction ideas how leader become leader and the importance to connect rather it is with emotional intelligence as recognized in the *Primal Leadership* or interdependent dimensions (centered leadership) as pointed out with *How Remarkable Women Lead*. In reading these two books, I developed a profound, burning, troublesome question. I want to know the answer about the "initial spark" within us.

During the initial start of the leadership process where does the original spark that propels us forward come from? It is a behavioral action or an emotional one? I have heard that life is nothing without passion, the ability to love something or someone. To have this purpose of passion as a driven means can be the crucial answer toward leadership, growth, and success.

This enthusiasm (driving force) eliminates distraction and move towards the state of fulfillment. Both books did inspire ways to shape you into a more valuable person and not be content with insufficiency or emptiness. Barch

<https://assignbuster.com/primal-leadership/>

and Cranston explain in *How Remarkable Women Lead* as a place where we are intertwining the fibers of leadership, implementation, and success into a structure by way of behaviors, talents, actions, and choices. It is all about person ownership and integrity. Leadership has a clear-cut trail which shapes upon emotional involvement that we learn from, like a personal intelligent bank. We learn to practice, and then apply solid values from learning from our heart like establishing friendships and demonstrating self-discipline. Our inner compass that guides us as human beings is our deepest level, a fit point that helps us stay on track.

Your most treasure values; your passion, ethics, and motivation are the sources that satisfy your life and are the imprint of your deepest awareness. To have leadership, there must be a foundation of integrity, the building block of "core" meaning. This unpinned all things. This helps establish the right motivation to identify the right direction. There are many resources and strategies in both of these books that can lead to sustaining a success and increased joy in overall living, and personal career. The desired energy that fuels each person's long-term journey or goal towards fighting for a greater meaning is within each one of us. In readings these books, you see how many people have encountered severe, perhaps debilitating struggle or at least dreadful barriers to their progress.

To regain that self-confidence, meaning, and most important that faith in what we can accomplish is essential to sustaining a higher standard of strength, effectiveness and power. It is a privilege and a commitment to grow with entrusted care and purpose. While each book shares how to gain

remarkable value in the fulfillment of developing a professional's career outcome, it also seeks to embark on experiences with successful leaders.

There is much we can learn from many individuals who are significant pioneers both past and present, as they explain how they helped to inspire others, how they gained clarity of both vision and purpose when coping with difficult, sometimes unpleasant realities, how they initiated and then nourished mutually beneficial relationships with others, how they took ownership for opportunities as well as risks with personal responsibility, and how they presumed and satisfied their accountabilities to their families and to their communities.

Neither women nor men in leadership roles can stabilize everything in their careers and personal life. But, it is possible to recognize what is most important at any particular time and then balance the circumstance of one's time and energy accordingly. Nevertheless, igniting all these positive feelings to bring out the best in those go-getting performances takes emotional know-how.

In using emotional awareness to create a positive environment that fosters creativity, innovation, strong teams and great performance takes an emotional understanding in how our mind and body operates. Our emotional and physical response depends on our leadership effectiveness. Our morale, motivation, and commitment are factors that drive emotions and physical response. In Primal Leadership, we discover just how leaders thrust emotions encouragingly; bring out the best for all.

When they thrust emotions harmfully they produce disagreement, damaging the emotional groundworks that let people shine. It is crucial to have compassion as a relationship skill, this identifies how organization contributes to the overall team success, and it takes consistent action to foster a good working relationship within each group. Primal Leadership points out important leaders know when to be shared and when to be forecaster, when to pay attention and when to take charge.

Such leaders have an aptitude for regulating to their own insight of what matters and expressing an idea that radiant with the merits of those they lead. These leaders naturally nurture relationships, handle any emerging concerns, and create the human interactions of all in agreement. They shape intense dedication by caring about the careers of those who work for them, and motivate people to give their best for an objective that speaks to shared values.

Leadership development should build on one's strong points, not limitation. Primal Leadership promotes the notion that our strong points expose the significant things that we have learned as leaders over the course of our lives and careers. They are the base line of our knowledge, our preserved learning, which is a productive and valuable ingredient toward our human being outlook and beliefs. Strengths displayed over the years typically represent feature that leaders want to keep, even if those ideas are inactive for a period of time.

The true effort in leaders is to monitor the emotional tone of the team and to help its members recognize any underlying dissonance. Then, once a leader

has helped the team uncover its less-productive norms, the group can come together around new ways of doing things. The Primal Leadership authors noted that there are many leaders in an organization, not just one.

Encompass the ability to monitor and manage your feelings and moods means that you can manage your attitudes about the things that come up in your day to day life. To have immensely power, you must have the ability to focus on how your feelings control and maneuver. This ability allows you to shift in one of the most powerful ways to impact a course of action. It changes the way that you see the world around you.

The grace of emotions comes into plays when someone else's emotional state natural immerse with others. The whole idea to synchronizing our attitudes with those around us, absorbing a diverse range of attitudes is as powerful motivator. The overall harmony or attunement of one another bring together into the same vision, aligning the path of the objective.

Understanding how each person brings their own uniqueness, strength, weakness, and dynamic to the company and the strategy has to account for that. The understanding in creating a path rather it is good or not is the ability to find the human being you are made from, failure will come and go, but the great deal comes from within us, the inward focus that work were intentional may not. Learning to leverage (influence) our emotions and knowledge we already have is perfect for managing what is to come before us at any given time. People who have done a great deal of work often find that they can create a space around them where things work better.

The confidence drives our behaviors and other behaviors to move in the same direction. Our boundaries are never concrete, leader bend, mold and create a character that approaches an infection happening. It is an outcome of their inward work. The visionary set the stage of possibilities, once you realize your self-worth you than can soar like an eagle. The ability to propel to the next level of leadership understands what lies within you. Shared emotions in a positive direction can clear the fog from the atmosphere and develop a plan to make great changes. Oprah Winfrey put it this way " leadership is about empathy.

It is about having the ability to relate and to connect with people for the purpose of inspiring and empowering their lives". We are all wired differently; the tapestry of leadership requires centering oneself (with centered leadership) toward equipping with the right emotional (or emotional intelligent). I believe both books were instrumented in supporting their methods and theories in becoming a great leader. Each book carried similar underlying thesis statement, principals and discovery. I have learned incredible leaders move us. They light our passion and inspire the best in us. When we try to justify why leaders are so efficient, we speak of strategy, performance, passion, beliefs, and strong ideas.

But the reality is much more primeval. Incredible leadership works through the emotions, skills and foundation shortcomings. Humankind's earliest leaders earned their position because their leadership was emotionally compelling as well as spiritually and physically talented. Having read these two books I have gain a better insight of who I am and where I should start in

developing my professional career and personal life. I now understand that the initial sparks of passion rather ignited or not has an inward glow within us. It provides purpose that if stirred the correct way it will burst a flame of ambition and drive our talents to a new level of experience and achievement. Staying in focus and continually noting our adventures through our life time will contribute more towards our livelihood and future potential success.

I enjoyed and gain much from my reading and will immediately take the steps to journey into a new horizon of leadership, balance and opportunities.