

Phlebotomy – 28 steps to drawing blood



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Step 1 Identify the patient Step 2 Identify yourself. ONPHLEBOTOMY - 28

STEPS TO DRAWING BLOOD SPECIFICALLY FOR YOU FOR ONLY \$13.

90/PAGE Order Now Step 3 Check the fasting state of the patient. Some tests require that the patient not eat or drink. Ask if they are fasting it is your job.

Step 4 Wash hands and put on gloves. (use rotating motion with warm water and germicidal soap) Step 5 Reassure the patient. (act confident : education

+experience = reassurance to the patient) Step 6 Position the patient. Move arm downward from shoulder, always have a table or bar placed out in

front) Step 7 Verify tests ordered. Step 8 Assemble and check supplies.

(expiration dates, cracks in tubes, needles in tubes. Step 9 Apply tourniquet.

Step 10 Have the patient close their hand. Never have patient pump fist more than 1 or 2 times. Step 11 Select the site to insert the needle. Step 12 Cleanse

and dry the site with an alcohol pad. Step 13 Anchor the vein. Use only thumb or index finger. Draw skin tight under the site. Step 14 Perform venipuncture

with bevel up at 30 degrees or less. Step 15 Release the tourniquet. Never

leave it on more than 1 minute. Step 16 Put dry gauze over the site. Step

17 Release the tube from interior needle before removing the needle from

the vein. Step 18 Remove needle from vein as swiftly as possible. Activate

safety device. Step 19 Apply direct pressure for 3 to 5 minutes. Hold for at

least 5 minutes for patients that take blood thinners. Tell patient to leave

bandage on for 15 minutes. Step 20 Invert/rotate all additive tubes within 30

seconds after drawing to prevent clots. Bandage arm and check for bleeding.

Step 21 Dispose of used equipment in puncture resistant biohazard container.

Step 22 Label tubes before leaving bedside or patient in ambulatory setting.

Step 23 Reposition bed rails. Step 24 Remove gloves and wash hands. Step

25 Record/report specimen collection to nursing station. Step 26 Tell nurse

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station to release the patient's diet. Step 27 Return samples to lab. Step 28 accession properly. Store sample properly. Put in centrifuge machine.