

Linear be used to
analyze datasets that
have been



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Linear Mixed Models (LMMs) are used for continuous dependent variables in which the residuals are normally distributed but may not correspond to the assumptions of independence or equal variance. LMMs can be used to analyze datasets that have been collected with the following study designs:

1. studies with clustered data, like students in classrooms;
2. longitudinal or repeated-measures studies, in which subjects are measured repeatedly over time or under different conditions.

LMMs are models that are linear in the parameters as are the more common linear models presented earlier, but the difference comes from that LMMs may include both fixed and random effects. By adding random effects the model deals with datasets that have several responses for one subject. Fixed effects are unknown constant parameters associated with either continuous covariates or the levels of categorical factors in an LMM. Estimation of these parameters in LMMs is generally of underlying interest as is with also linear models.

When the levels of a factor can be thought of as having been sampled from a sample space, such that each particular level is not of intrinsic interest, the effects associated with the levels of those factors can be modeled as random effects in an LMM. In contrast to fixed effects, which are represented by constant parameters in an LMM, random effects are represented by (unobserved) random variables, which are usually assumed to follow a normal distribution (West, Welch, and Galecki, 2006).

Theoretical background

1. 4. 1 General specification of the model

The general formula of an LMM, where Y_{ti} represents the continuous response variable Y taken on the t -th occasion for the i -th subject, can be written as: where the

upper part of the formula defines the fixed effects and latter the randomeffects of the model.

The value of t ($t = 1, \dots, n_i$), indexes the n_i longitudinal observations on the dependent variable for a given subject, and i ($i = 1, \dots, m$) indicates the i -th subject.

The model involves two sets of covariates, namely the X and Z covariates.

The first set contains p covariates, $X(1), \dots, X(p)$, associated with the fixed effects $b_1, \dots,$

\dots, b_p (West, Welch, and Galecki, 2006). The second set contains q covariates, $Z(1), \dots, Z(q)$, associated with the random effects $u_{1i}, \dots,$

\dots, u_{qi} that are specific to subject i . The X and/or Z covariates may be continuous or indicator variables. For each X covariate, $X(1), \dots,$

$\dots, X(p)$, the terms $X(1)_{ti}, \dots, X(p)_{ti}$ represent the t -th observed value of the corresponding covariate for the i -th subject (West, Welch, and Galecki, 2006). Each b parameter represents the fixed effect as defined in the linear model formulamentioned above.

The effects of the Z covariates on the response variable are represented in the random portion of the model by the q random effects, u_{1i}, \dots, u_{qi} , associated with the i -th subject.

In addition, ϵ_{ti} represents the residual associated with the t -th observation on the i -th subject. The assumption here is that for a given subject, the residuals are independent of the random effects (West, Welch, and Galecki, 2006). 1.

4. 2 General matrix notation The general matrix specification of an LMM for a given subject i , is constructed by stacking the formulas in the previous section for individual observations indexed by t into vectors and matrices (throughout this section the notation of West, Welch, and Galecki (2006) is followed) $Y_i = X_i b + Z_i u_i + e_i$ where Y_i represents a vector of continuous responses for the i -th subject, moreover $u_i \sim N_q(0, D)$ $e_i \sim N_{n_i}(0, R_i)$ The elements of the Y_i vector is presented as follows, drawing on the notation used for an individual observation: Note that the number of elements, n_i , in the vector Y_i may vary from one subject to another. 1. 4.

Linear Mixed Models 5 X_i is an $n_i \times p$ design matrix, which represents the known values of the p covariates, $X(1), \dots, X(p)$, for each of the n_i observations collected on the i -th subject: In a model including an intercept term, the first column would simply be equal to 1 for all observations. Note that all elements in a column of the X_i matrix corresponding to a time-invariant (or subject-specific) covariate will be the same. For ease of presentation, it is assumed that the X_i matrices are of full rank; that is, none of the columns (or rows) is a linear combination of the remaining ones. In general, X_i matrices may not be of full rank, and this may lead to an aliasing (or parameter identifiability) problem for the fixed effects stored in the vector b . b is a vector of p unknown fixed-effect parameters associated with the p covariates used in constructing the X_i matrix: The $n_i \times q$ Z_i matrix is a design matrix that represents the known values of the q covariates, $Z(1), \dots, Z(q)$, for the i -th subject. This matrix is very much like the X_i matrix in that it represents the observed values of covariates; however, it usually has fewer columns than the X_i matrix: The columns in the Z_i matrix represent

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observed values for the q predictor variables for the i -th subject, which have effects on the continuous response variable that vary randomly across subjects. In many cases, predictors with effects that vary randomly across subjects are represented in both the X_i matrix and the Z_i matrix. In an LMM in which only the intercepts are assumed to vary randomly from subject to subject, the Z_i matrix would simply be a column of 1's. The u_i vector for the i -th subject represents a vector of q random effects associated with the q covariates in the Z_i matrix: By definition, random effects are random variables. It is assumed that the q random effects in the u_i vector follow a multivariate normal distribution, with mean

Theoretical background vector 0 and a variance-covariance matrix denoted by D : $u_i \sim N(0, D)$ Elements along the main diagonal of the D matrix represent the variances of each random effect in u_i , and the off-diagonal elements represent the covariances between two corresponding random effects.

Because there are q random effects in the model associated with the i -th subject, D is a $q \times q$ matrix that is symmetric and positive definite. Elements of this matrix are shown as follows: The elements (variances and covariances) of the D matrix are defined as functions of a (usually) small set of covariance parameters stored in a vector denoted by γ .

Note that the vector γ imposes structure (or constraints) on the elements of the D matrix. Finally, the e_i vector is a vector of n_i residuals, with each element in e_i denoting the residual associated with an observed response at occasion t for the i -th subject. Because some subjects might have more observations collected than others (e. g., if data for one or more time points are not available when a subject drops out), the e_i vectors may have a

different number of elements. The n_i residuals in the e_i vector for a given subject, i , are random variables that follow a multivariate normal distribution with a mean vector 0 and a positive definite symmetric covariance matrix R_i : $e_i \sim N(0, R_i)$ It is assumed that the residuals associated with different subjects are independent of each other.

Furthermore, the vectors of residuals, e_1, \dots, e_m , and random effects, u_1, \dots

\dots, u_m , are independent of each other. The general form of the R_i matrix as shown below: