

# Advice to parents about febrile convulsion



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Week 4 – Febrile Convulsions Asthma Febrile convulsion is a condition associated with the sudden increase in body temperature from sources outside the CNS<sup>1</sup>. It is also the most common seizure disorder during childhood. For parents with children afflicted with the condition, it is very important for them to prevent further injuries to their child during the seizure<sup>2</sup>. During seizures, the parent should place the child on his side in order to prevent aspiration of saliva or any vomitus<sup>2</sup>. The parents should also avoid placing anything in the child's mouth. Restraints should also be avoided in order to prevent fractures or further injuries to the child<sup>2</sup>. In case the seizure lasts more than 10 minutes or is coupled with stiff neck and breathing problems, the child should be brought to the emergency room<sup>2</sup>. Parents should also try to place the child on a protected surface, like a blanket on the floor in order to prevent further injuries<sup>3</sup>. Obstructive objects which might fall on the child must also be kept away from the seizing child<sup>3</sup>. Above all, the parents must try and keep calm during the seizure and then bring the child for a consult to the doctor after the seizure<sup>3</sup>.

#### Reference

1Greene, S., ' Febrile convulsions/febrile fits' [Netdoctor 2005] accessed 09 September 2010 <http://www.netdoctor.co.uk/diseases/facts/febrileconvulsion.htm>

2American Academy of Physicians, ' Febrile Seizures' [Family doctor 2010] accessed

09 September 2010 <http://familydoctor.org/online/famdocen/home/children/parents/infants/066.html>

3Jackson, T., ' Fever: Fighting Febrile convulsions' [Care 2 2010] accessed 09

<https://assignbuster.com/advice-to-parents-about-febrile-convulsion/>

September 2010 [http://www. care2. com/greenliving/fever-fighting-febrile-seizures. html#](http://www.care2.com/greenliving/fever-fighting-febrile-seizures.html#)