

# Pilates



**ASSIGN  
BUSTER**

Social Work practice with Lesbian, Gay and Bisexual People Our society has no concrete knowledge of the truths surrounding societal myths and taboos concerning homosexuality. Twenty years ago, the topic has been rarely discussed and often avoided, with no research existing. Even today, a selective amount of attention in the study of gay, lesbian, and bisexual population. The social work concept that relates to this the gay, lesbian, and bisexual population is social justice.

Gay, lesbian and bisexual individuals face a issues with discrimination constantly. Social justice applies to them because we as social workers need to seek equality of opportunity, resources and meaningful participation in decision making, just as straight individuals get the right to. When working with a gay, lesbian or bisexual client, social workers should be aware of the societal myths and taboos surrounding homosexuality.

The topic has been limited by moral and social doctrines. Social workers need to have knowledge on the history of stereotypes and oppression this population faces. I have witnessed plenty of discrimination and stereotypical limitations put on gay, lesbian and bisexual individuals.

A relative of mine is a homosexual, and I have seen how people glare at him or make derogatory remarks about him. Even his own siblings are guilty of rejecting him, being hostile toward him at family events, or in front of his peers and friends. Also, I have noticed that people have the tendency to be more lenient towards homosexuals that do not dress like females, opposed to ones who do. There are great strengths within this group that social workers may want to focus on in treatment. the gay, lesbian and bisexual

population has been existing longer than people may want to acknowledge, which means that they have been dealing with being rejected from society for sometime now. This is a strength we as social workers may want to focus on because they are a strong set of people. Regardless of being accepted, they continue to live life and be who they are, no matter how society chooses to view them.

Professional lesbian, gay or bisexual individuals have to work three times as hard than their straight colleague, just to be seen equally in the work place. If a gay, lesbian or bisexual person chooses to expose their sexual preference in the workplace, they are being put at risk to social or professional isolation, mild harassment, or especially close scrutiny of their performance on the job. A person that has to endure these restrictions daily has strength that we as social workers should focus on in treatment. I believe that there are not any obstacles I could encounter while working with this population because if I do all the necessary research needed to understand the gay, lesbian and gay population, having a client like this will not be a problem.