

Become a vegetarian

Nutrition



**ASSIGN
BUSTER**

Become a Vegetarian! Shatia Davis General Purpose: To persuade. Specific

Purpose: Today, I will persuade you why you should become a vegetarian.

Thesis statement: I will tell you first where some meat really comes from;

second I will tell you how some animals are slaughtered; lastly I will try to

persuade you to become a why vegetarian. * Attention-getter: How many

people in here eat meat? Well I'm sure some of you can't imagine a day

without meat, that's why I'm here today to persuade you to become a

vegetarian. * Audience motivation: Some of the benefits of being a

vegetarian is you can have healthy life, skin, and more energy and can also

lower your blood pressure. Depending on you religion its helps you know you

inner self. * Credibility: I've been a vegetarian for four years now, my father

been a vegetarian for seven years, and I also obtained some information

from a website by the name of " How to become a vegetarian. org" also a

book that my father has can't tell you the name for religious purposes. *

Thesis -Purpose: Today, I will persuade you to become a vegetarian. -

Preview: I will begin by telling you were some meat really comes from,

second I will then tell you the slaughter the animals go through, lastly try to

persuade you to become a vegetarian. I. First, where your meat comes from?

(No one really knows) A. Meat 1. Farms 2. Slaughter houses (These animals

are feed chemicals to make them grow faster then what it really takes, so

that they can be killed and sold.) II. It's time to tell you what happens in

slaughter houses. A. Once they arrive 1. Placed in small pens 2. Killed 3.

Skinned 4. Sold (Now let's talk about why I think you should become a

vegetarian) III. Why you should be a vegetarian A. Why meat isn't good for

you 1. Meat can cause heart disease, cancer, and infections 2. Cows are

giving hormones what causes cancer 3. Gout 4. UTI'S B. Meat has many

<https://assignbuster.com/become-a-vegetarian/>

things in it. 1. Hormones 2. Fats 3. Bacteria 4. Chemicals 1. Summary:

Today, I tried to persuade you to become a vegetarian. First was where your meat comes from then how they are kept and treated in slaughter houses lastly some of the causes of meat and what's in the meat you eat. 2.

Refocus: When you give your money to places like KFC, Popeye's, you're paying for lives of misery for some of God most helpless animals. So I'm asking you to stop eating meat, beginning a vegetarian can benefit you and the animals in this world for living another day. The things you eat you take on to it so it's like your lowering your aspect and you want to become higher in life. Always remember you are what you eat. Work cited How to become a vegetarian. org. The New Becoming Vegetarian: The Essential Guide to a Healthy Vegetarian Diet by Brenda Davis. My father a vegetarian for seven years.