

Medical ward ncp essay



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Ineffective Airway Clearance The inflammation and increased secretions make it difficult to maintain a patent airway, which is caused by decreased ability to expel the excessive mucus produced that will lead to extensive obstruction of the airway. ASSESSMENT NURSING DIAGNOSIS OBJECTIVES

NURSING INTERVENTIONS RATIONALE EXPECTED OUTCOMES S> O O>

Patient manifested the following: - with unproductive cough -with wheezes and crackles auscultated on left lower lungfield. - presence of clear watery discharge from her nose

Patient may manifest the following: - restlessness - irritability

Ineffective airway clearance related to presence of secretions secondary to pneumonia. Short Term: After 3-4 hours of nursing

interventions, the patient's respiration will improve and difficulty of

breathing will be relieved. Long Term: After 3 - 4 days of nursing

interventions, the patient will maintain a patent airway. > Establish rapport

to patient and SO > Assess patient's condition > Monitor and record V/S

gt; Auscultate lung fields, noting areas of decreased/absent airflow and

adventitious breath sounds > Assist patient to change position every 30

minutes > Elevate head of bed and align head in the middle > Provide health

teachings regarding effective coughing and deep breathing exercise. >

Encourage to increase fluid intake. > Encourage steam inhalation >

Administer meds as ordered > To gain the trust and cooperation > To know

and determine patient's needs > To establish base line data

gt; To identify areas of consolidation and determine possible bronchospasm or obstruction.

> To mobilize secretions > To facilitate breathing > To expel the mucous >

To liquefy secretions > To moisten secretions and alleviate congestion > To

reduce bronchospasm and mobilize secretion Short Term: After 3-4 hours of

nursing interventions, the patient's respiration shall have improved and

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difficulty of breathing shall have been relieved. Long Term: After 3 - 4 days of nursing interventions, the patient will have been able to maintain a patent airway.