

# Erratum: how to make the ghosts in my bedroom disappear? focused- attention medita...

[Health & Medicine](#)



An erratum on

[How to Make the Ghosts in my Bedroom Disappear? Focused-Attention Meditation Combined with Muscle Relaxation \(MR Therapy\)—A Direct Treatment Intervention for Sleep Paralysis](#)

by Jalal, B. (2016). *Front. Psychol.* 7: 28. doi: 10.3389/fpsyg.2016.00028

Reason for Erratum:

Due to a typesetting error, the references of [Sharpless and Barber \(2011\)](#) and [Sharpless and Doghramji \(2015\)](#) were inadvertently interchanged.

In the section Background, second paragraph, the reference should be [Sharpless and Barber \(2011\)](#) and not [Sharpless and Doghramji \(2015\)](#) as published.

In the section Treatment Interventions For Sleep Paralysis, first paragraph, the reference should be [Sharpless and Doghramji \(2015\)](#) and not [Sharpless and Barber \(2011\)](#) as published.

The publisher apologizes for this mistake. This error does not change the scientific conclusions of the article in any way.

## References

Sharpless, B. A., and Barber, J. P. (2011). Lifetime prevalence rates of sleep paralysis: a systematic review. *Sleep Med. Rev.* 15, 311–315. doi: 10.1016/j.smr.2011.01.007

[PubMed Abstract](#) | [CrossRef Full Text](#) | [Google Scholar](#)

<https://assignbuster.com/erratum-how-to-make-the-ghosts-in-my-bedroom-disappear-focused-attention-meditation-combined-with-muscle-relaxation-mr-therapya-direct-treatment-intervention-for-sleep-paralysis/>

Sharpless, B., and Doghramji, K. (2015). *Sleep Paralysis: Historical, Psychological, and Medical Perspectives*. New York, NY: Oxford University Press.

[Google Scholar](#)