

# [Personality theories](https://assignbuster.com/personality-theories-personal-essay-samples-2/)

[Psychology](https://assignbuster.com/essay-subjects/psychology/)

Personality Theories By: Theorist Orientation Key motivational forces Model of personality structure View of personality development
Sigmund Freud
Psychodynamic
Reform of the insane asylum
Interest in abnormal psychological states
Id, Ego, and Superego
Personality develops through a series of stages, each characterized by a certain internal psychological conflict
Carl Gustav Jung
Humanistic
Sexuality, importance of ones creative forces and development towards wholeness
Psyche
A persons behavior comes from the individuals inborn tendencies to use their minds in different ways
Alfred Adler
Humanistic
Interested in the need to understand individuals within their social context.
The need for humans to belong and feel significant
Inferiority and Birth order
Every person is born with some sense of inferiority as evidenced by how weak a new born is
Karen Horney
Psychodynamic
Sex is not a governing factor in personality.
Social and cultural conditions have a powerful effect on later personality
Unconscious mind.
Interpersonal relationships and societal factors contributes to mental development.
Environment of childhood contributed to personality development
Erik Erickson
Psychodynamics
Adaptive and creative characteristic of ego
Ego
There is still plenty of room for development throughout a persons life. Adolescence is the crucial stage for developing a persons identity
Erick Erickson
Erick Erickson works covers psychosocial stages extensively. He was an ego psychologist who emphasized the role of culture and society. Erick argued that ego develops as it successfully provides solutions that are not social in nature. He came up with a lifespan model that took five stages up to 18 years and three other stages after that. According to him, the adolescent period is crucial for developing a persons identity. Besides, he argued that personality develops in a predetermined order, and builds upon each previous stage (McLeod, 2013).
References
McLeod, S. (2013). Erik Erikson. Simply Psychology .
McLeod, S. (2008). Psychology Perspectives. Simply psychology .
Robinson, D. N. (1995). An Intellectual History of Psychology. Univ of Wisconsin Press,.