

# [Personality theories](https://assignbuster.com/personality-theories-personal-essay-samples-2/)

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Personality Theories By: Theorist Orientation Key motivational forces Model of personality structure View of personality development   
Sigmund Freud   
Psychodynamic   
Reform of the insane asylum   
Interest in abnormal psychological states   
Id, Ego, and Superego   
Personality develops through a series of stages, each characterized by a certain internal psychological conflict   
Carl Gustav Jung   
Humanistic   
Sexuality, importance of ones creative forces and development towards wholeness   
Psyche   
A persons behavior comes from the individuals inborn tendencies to use their minds in different ways   
Alfred Adler   
Humanistic   
Interested in the need to understand individuals within their social context.   
The need for humans to belong and feel significant   
Inferiority and Birth order   
Every person is born with some sense of inferiority as evidenced by how weak a new born is   
Karen Horney   
Psychodynamic   
Sex is not a governing factor in personality.   
Social and cultural conditions have a powerful effect on later personality   
Unconscious mind.   
Interpersonal relationships and societal factors contributes to mental development.   
Environment of childhood contributed to personality development   
Erik Erickson   
Psychodynamics   
Adaptive and creative characteristic of ego   
Ego   
There is still plenty of room for development throughout a persons life. Adolescence is the crucial stage for developing a persons identity   
Erick Erickson   
Erick Erickson works covers psychosocial stages extensively. He was an ego psychologist who emphasized the role of culture and society. Erick argued that ego develops as it successfully provides solutions that are not social in nature. He came up with a lifespan model that took five stages up to 18 years and three other stages after that. According to him, the adolescent period is crucial for developing a persons identity. Besides, he argued that personality develops in a predetermined order, and builds upon each previous stage (McLeod, 2013).   
References   
McLeod, S. (2013). Erik Erikson. Simply Psychology .   
McLeod, S. (2008). Psychology Perspectives. Simply psychology .   
Robinson, D. N. (1995). An Intellectual History of Psychology. Univ of Wisconsin Press,.