# Multicultural competence essay sample



# CULTURAL COMPETENCE

Multicultural competence is the ability to appreciate value, interact with, and benefit from the presence of many different cultures and their individual members. Health care professionals would benefit by learning the emotional and physical needs of people from diverse and socio- economic backgrounds, regardless of race, religion or sexual preference. Immigrants choose to come to this country for various reasons, such as to live in freedom, to practice their religion freely, to escape poverty or oppression, and to make a better life for themselves and their families- in search of the promises and opportunities of the" American Dream." Stereo types are based on opinions, misconceptions, myths and prejudices. As a professional in the health care community it is important to not to have a bias attitude towards people who may be different. Understand that being treated fairly and with respect should be your focus as a health care provider.

# CULTURAL COMPETENCE

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## References

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# Appendix

Each Appendix appears on its own page.

# Footnotes

1Complete APA style formatting information may be found in the Publication Manual.

Table 1

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Figure 1. Caption of figure

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