

Cpr and first aid exam 1 (ch 1-6)



**ASSIGN
BUSTER**

We (do /do not) diagnose we do not diagnose 1/ (?) people receives medical attention with out serious injury 1/ 4 people ON CPR & FIRST AID EXAM 1 (CH 1-6) SPECIFICALLY FOR YOU FOR ONLY \$13.90/PAGE Order Now After (?) minutes the person is considered dead 4-6 minutes First Aid: immediate care given to a person who has been injured or suddenly ill Adults age range puberty to older Children age range 1 year to puberty Infant age range less than 1 year old Consent: ***need consent before touching a person!

-Implied Consent: unconscious

-Children: need parent consent Abandonment: must stay till 911

arrives Commission: ***the act of committing Omission: ***absent or

neglected Confidentiality: must report rape or abuse Good Samaritan

Laws ***they protect the rescuer during an emergency and with good

intentions (staying with victim and not over doing it) Bystander: ***link

between EMS and victim Immediate Transportation: -chest pain for more than

2 minutes

- coughing blood

-amputee victim Scene size up: ***10 seconds looking around for

hazards Communicable disease: able to be spread from one person to

another Forms of protectants: exam gloves, eye protection, and

apron/gowns Bloodborne disease: ***infected by a persons blood (HIV, HBV,

HCV) Airborne disease: ***coughing/ sneezing (tuberculosis) Order of Grieving

Stress: denial, anger, bargaining, depression, and acceptance Important

Organs of the human body: ***-lungs

-heart

-spinal cord

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-brain
 Inhalation: breathing in
 Exhalation: breathing out
 Circulatory System:-
 blood
 -heart (Atrium= above & Ventricle= below)
 -blood vessels
 Arteries carry blood (?) from the heart
 arteries carry blood away from the heart
 Red blood cells
 solid & carry oxygen
 White blood cells
 defense against infection
 Nervous System
 Brain:
 -cerebrum
 -cerebellum
 -brain stem (controls breathing and heart rate)
 (?) pairs of spinal nerves 31(?)
 bones are in the adult human body 206
 Xiphoid Process
 lowest part of the sternum
 Thorax
 rib cage
 Femur: upper leg
 Kneepatella
 Upper Arm
 humerus
 Muscles:-skeletal (voluntary)
 -smooth (unvoluntary)
 -cardiac (unvoluntary)
 Skin:-epidermus: outer layer
 - dermis: inner layer
 AVPU
 alert, verbal stimuli, painful stimuli, unresponsive to any stimuli
 RAPCAB
 responsive, activate, position, CPR, airway, breathes
 RAPABC
 responsive, activate, position, airway, breathers, circulation
 HAINES***
 high arm In endangered spine
 Roll victim on their (?) side
 left side
 DOTS***
 deformity, open wounds, tenderness check, and swelling
 Heart Attack***
 occurs when heart muscle tissue dies because its blood supply is severely reduced or stopped
 Cardiac Arrest
 results when the heart stops beating
 Performing CPR- Tap victim and ask if okay
 -see if victim is breathing
 - have a bystander call 911 & get an AED
 - if unresponsive give 30 comps(?) compressions, (?) breathes, and call 911
 30 comps & 2 breathes
 Two handson adults and 2 inches deep
 One

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hand on children and 2 inches deep
Two fingers: on infant and 1.5 inches deep
How many compressions per 18 seconds? ***30 & 2 second rescue breathe
Head tilt chin lift opens the airway
Heimlich Maneuver: inward & upward at the navel

-Infant: 5 pats on the back and then flip over for 5

compressions
AED: *Automatic external defibrillation
VFIB: (ventricular Fib): common abnormal heart rhythm
VTECH: *** (ventricular): hearts beating too fast
AED to do: *pads on right peck and below left armpit

Infant: one on back and one on front
CPR stands for: ***cardiopulmonary resuscitation