

Reality appeared that
adolescent girls
seriously concern
about

[Finance](#)



Reality television shows based on surgical transformations, such as “ The Swan” and “ ExtremeMakeover”, were not the first public spectacles to offer women the ability to compete for the chance to be beautiful. But what is the exact meaning of the phrase “ cosmetic surgery”? The variety of the answers are all influenced by the way you ask. It can be seen clearly that different experts or surgeons have their own definition which make it hard to find the conclusive answer. However, cosmetic surgery is defined as one of typical sectors in orthopedic surgery whose goal is to enhance physical appearances, nonetheless, caution should be required when approaching (Nordqvist, 2017). Visual improvement has become a trendy concept for about 10 years, consequently, cosmetic surgery has been grown sharply, for instance, top five countries whose number of people opting for cosmetic procedures comprise in 41.4% of whole utilization (Global Aesthetic Survey, ISAPS, 2017). There are many types in cosmetic procedures: Breast surgery, Liposuction, Vulvovaginal surgery, Facial cosmetic surgery, Hair transplantation, Peels, fillers, grafts, and laser treatment, fat injections and so on. All kinds have own typical uses, functions and cautions. After one operation, patient always have to face to the risk of caseation or distortion. More demands more threats, but people do not take precaution which make cosmetic surgery a booming phenomenon with full of menace.

2. 2.

Causes of the phenomenon Many states raise the consideration whether have surgery or not such as muffin tops, fat thighs, too big breast or not big enough, hairy arms. Furthermore, there is a new one appeared that adolescent girls seriously concern about and want to tinker with: the vulva <https://assignbuster.com/reality-appeared-that-adolescent-girls-seriously-concern-about/>

(Rabin, 2013). But the unattractive outlook is not the core answers for the question above, it is the social media. As you know, social media appeared long times ago and made a dramatic transformation in human community. That it has become integral issue in life which provide both benefits and drawbacks as well. I will discuss about negative effects relating to the causes of the boom in cosmetic operation in this research. People always have dissatisfaction of their outlook, however, social media push this beauty to a high level. People always seek for perfection and when they receive one's critics on mass media where self photos can get both positive and negative (Hughes, 2017), they will feel inferiority complex.

Thus, the self biases lead them to a better transformation to boost self-esteem and self image. If they have a successful operation, their confidence will improve, then it seem like a worthy undertaking. There are apps called "Plastic Surgery Princess", "Pimp My Face" or "Little Skin Doctor" that could have strong impact to mental problems in teenagers, especially (Hughes, 2017).

They may find themselves ugly or not well-proportioned then beauty apps come to them as a perfection tools. Sooner or later, the awareness of virtual beauty will approach and teens may find another alternatives which is permanent. Cosmetic surgery is one recommended. In detail, in 2015, about 226, 000 cosmetic procedures were carried out in the age 13 and 19, consisting of 65, 000 operations for example nose reshaping, breast augmentation, breast lifts, tummy tucks and liposuction (Zuckerman, 2016). Not only apps, TV reality shows like "Change life" or "The Swan" also

encourage the desire to be more fascinated by showing the revolution in appearance after being operated which leads to admiration and appropriation to oneself. Using the fact that everyone wants to look good, media awakes human's longing for beauty and their consideration finding for eternal solution such as cosmetic surgery.

Many states raise consideration whether have surgery or not such as muffin tops, fat thighs, too big breast or not big enough, hairy arms. Furthermore, there is a new one appeared that adolescent girls seriously concern about and want to tinker with: the vulva (Rabin, 2013). Under the circumstance, desire of beauty in people mind's powerfully affected by mass media.

Likewise, the public figures's high standard life-style, especially with their charm and fabulous appearance which is brought about by the social networks raises the demand for surgery substantially. Moreover, idolisation, a serious problem among teens, result in the huge number of fans who wants to have resemblance to their idols. Walsh (2013) stated that the non-surgical treatments are available and has contributed to normalise cosmetic procedures, promoted by celebrity culture which widely pervades on media. Statistic show that about 80 percent of the cosmetic surgery surveyed indicated that celebrities were a major impact to their patients's decision, 64% have cosmetic surgery under the age of 30 (Miller, 2016).

We can say that cosmetic transformation in young age has become the new normal up to now. One other reason is their patience problem. Keeping fit by balancing diet or going to the gym takes a long time to complete.

Moreover, it seems like a temporary solution for obesity with a longtime practice and myalgia. Hence, cosmetic surgery is becoming the more accessible and affordable treatment (Walsh, 2013) 2. 3. The result of cosmetic surgery This phenomenon is prevalent so statistics point out the numerous patients who undergo surgical treatments. More and more people undertake cosmetic procedures, which leads to the crisis behind. Failure, unpleasant symptoms, harmful side-effect drug and so on are inevitable. Most women getting breast implants stand at least one serious complication within three years, “ including infection, hematomas and seromas, capsular contracture, loss of nipple sensation, and hypertrophic scarring” (Zuckerman, 2016).

Initial signal after operating is infection, the destruction of nerves, skin or even organs and blood system. Further loss, rarely, is shock or tragic death. Transformations always come with pain and endurance, for example, liposuction result in eating disorders and deformed self image. Likewise, tummy-tuck has required high complication because of restricted mobility after surgery (McGilchrist, 2011). Potential side-effects after operating consist of altered sensation, infection, adhesions, painful penetration and scarring. (Zuckerman, 2016). Otherwise, finance is another problem taken into consider.

According to Martin (2016), in New York, a product like chemical filler or botox are now commonly practiced on cheeks, runs around \$700 to \$1, 200. The thought of once time surgery and permanent success is totally wrong. You will also have to pay for drug to ease pain, re-examination, or even

repairing if something goes wrong. Furthermore, that some surgeons were too inexperienced to be offering surgical procedures, it means your expenditure is for the hazard.

According to Walsh (2013), a shocking lack of regulation in these processes has been revealed in an independent review and it increases the suspicion in the safety of patients. These expenses and risks have led to other options: holiday surgery as it can be more affordable. Possibility of risk decreasing but difficulty to take care and follow. South Korea can be an option because it is now becoming the capital of cosmetic surgery. In this country. At the age of 19, almost all Korean girls get plastic surgery, if you don't like them, after a few years, the result is friends will look better, you will get inferiority and disrespect from others (Marx, 2015).

2. 4. Advices for who will have or have already undertaken People unregard the precaution and somehow simplify the result of cosmetic surgery. However, a number of Korean plastic surgery reality shows taken contradict approach has appeared to show the crisis of the surgery addiction and screen the operation undoing all the previous reconstructions (Marx, 2015). To who will decide to have cosmetic procedures, focus on these tips if you do not want to regret. Procedures recommended being available with doctor's prescription (Abbott, 2016). Moreover, Dr Fortes (n. d) stated that doing a research to find the right surgeon or surgical center by getting your online search, looking for physician websites, or their social media sites to get more proof like the before-after photos of their patients or even directly interviewing your surgeons is necessary.

Thirdly, you have to be realistic about results by reading other's stories or reviews and have your own options for improving results. Managing the money for cosmetic surgery is essential as well by finding factors which have influences on cosmetic procedures and insurance works. Most important thing is you have to prepare carefully for your operation like cutting down on smoking, avoiding some certain drugs, supplements, making transportation arrangements, setting up diet, having emergency contacts with others and understanding potential for risks.

With people who have already had cosmetic procedures, it is important for you to maintain your surgery result by preventing sun damage, supplying more water and healthy diet, managing stress and weight effectively and sleeping enough.