

According sharpness of the brain. the government's decision

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According to BBC News (2017), the growth of United Kingdom population is estimated to increase in the coming decades. This change has had a significant impact on the state pension age. Under current plans, the UK government is aiming at raising the retirement age to 67 (Dillner, 2016).

As a result, many arguments and concerns have been raised regarding this issue. This essay will outline some of the positive and negative effects of working for a period of time on your physical and mental health after a certain age. Then, it will discuss how the government might be wrong about this discussion. Working for a reasonable time has its advantages by keeping your brain active. However, an American survey concluded that working non-stop could actually make your body and brain suffer (Gillan, 2005). According to Dillner (2016), elderly people who work for long hours may cause damage on their brain and stress the body, still working for few hours might be beneficial to gain some skills and maintain the sharpness of the brain.

The government's decision may not be suitable for that age of group for the reasons discussed above. Older workers could suffer in the future from long-term illness or might be injured on the field and as a result, there would be a low level of productivity. Dillner (2016) stated that government should employ old people on well-paid part-time jobs in order to keep them healthy and satisfied.