

Introduction: nose,  
respiratory tract, and  
on the skin.



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INTRODUCTION: Increase in multi drug resistant bacteria had led to the need to search for new antimicrobials has increased. Currently there has been increase in natural and herbal medicine because of its lesser side effects and reduced toxicity. 1 Curry leaves scientifically known as *Murraya koenigii* are a popular leaf-spice. It is a tropical to sub-tropical tree in the family Rutaceae. It has a distinct aroma due to the presence of volatile oil. The leaves have a slightly pungent, bitter in taste, and acidic in nature. Curry leaf is also used in many traditional cultures namely Indian, Ayurvedic and Unani prescriptions. 2 The curry leaves contain proteins, carbohydrate, fiber, minerals, carotene, nicotinic acid, Vitamin C, Vitamin A, calcium and oxalic acid. It also contains crystalline glycosides, carbazole alkaloids, koenigin, girinimbin, iso-mahanimbin, koenine, koenidine and koenimbine, Triterpenoid alkaloids cyclomahanimbine, tetrahydromahanimbine. Murrayastine, murrayaline, pyrayafoline carbazole alkaloids and many other chemicals are present.

3 They contain several medicinal properties such as antidiabetic, antioxidant, antimicrobial, anti-fungal, anti-inflammatory, anti-carcinogenic and hepatoprotective properties. Bacteria are the etiological agents of periodontal diseases, which remain the primary cause of tooth loss in adults. Periodontal diseases are usually initiated by plaque biofilm formation which in turn gets mineralized into calculus. This plaque biofilm and calculus act as a resident for many pathologic and physiologic bacteria including *Porphyromonas gingivalis*, *Staphylococcus aureus*, *Streptococcus sanguis*, *Streptococcus oralis*, *Treponema denticoli* etc. Many researches have proved the presence of *Staphylococcus aureus* in calculus. *Staphylococcus aureus* is

a gram-positive, round-shaped bacterium that is a member of the Firmicutes, and it is a member of the normal flora of the body, frequently found in the nose, respiratory tract, and on the skin. It is a facultative anaerobe.

*Staphylococcus aureus* produces various enzymes such as coagulase which clots plasma and coats the bacterial cell, probably to prevent phagocytosis.

Hyaluronidase breaks down hyaluronic acid and helps in spreading

it. *Staphylococcus aureus* also produces deoxyribonuclease, which breaks down the DNA, lipase to digest lipids, staphylokinase to dissolve fibrin and aid in spread, and beta-lactamase for drug resistance. Antibiotic resistant strain of *Staphylococcus aureus* is methicillin resistant *Staphylococcus aureus*<sup>4</sup> which has become a clinical problem worldwide. It is important to bring out new antibiotics against staphylococcus species. Chlorhexidine is a biguanide compound used as an antiseptic agent with topical antibacterial activity.

Chlorhexidine is positively charged and reacts with the negatively charged microbial cell surface, thereby destroying the integrity of the cell membrane. Subsequently, chlorhexidine penetrates into the cell and causes leakage of intracellular components leading to cell death. Since gram positive bacteria are more negatively charged, they are more sensitive to this agent. It was found to be bacteriocidal at higher concentration and bacteriostatic at lower concentration.<sup>5</sup> It shows the anti-plaque and anti-gingivitis property.

<sup>6</sup>The aim of the study is to know the antibiotic effect of curry leaves on *Staphylococcus aureus*. MATERIALS AND METHOD: Extract preparation: Fresh

curry leaves are collected and cleaned properly with water. Leaves are dried completely and powdered.

30g of powder is collected. 15 g of powder is mixed with 50 ml of water and other 15 g to ethanol. The mixture is kept for 24 hrs with periodic shaking then filtered and collected. Culture Media: Nutrient agar was used as culture media. 14 gms of nutrient agar is mixed in 500 ml of distilled water and heated till the agar is completely dissolved. The mixture is autoclaved for 15 minutes for 121. After autoclaving the mixture is poured in culture plates using micropipette and the mixture is allowed to set. Microbial Assay: A subculture for staphylococcus aureus was made by rubbing the swab containing staphylococcus aureus strain over nutrient agar.

The culture plate is left for 24 hours. After sub culture the study contained 2 groups. Group 1 consist of curry leaves extract with water and group 2 consist of curry leaves extract with ethanol. Zone of inhibition test- Agar well diffusion test was used to check the antimicrobial activity of curry leaves against staphylococcus aureus. In each culture plate 3 wells were made and each well was filled with saline, chlorohexidine mouth wash and last one with extract at 50 concentration. These culture plates were incubated for 24 hours in hot air oven at 37.

Once the zone of inhibition is formed it is measured using ruler in millimeters.

A- Saline B- Chlorohexidine C- Ethanolic extract  
ZONE OF INHIBITION WITH ETHANOLIC EXTRACT  
A- Saline B- Chlorohexidine C- Aqueous extract  
ZONE OF INHIBITION WITH AQUEOUS EXTRACT

RESULT:  
The antimicrobial activity of the curry leaves extract at 50 concentration was

screened by agar well diffusion method and the zone of inhibition was measured in millimeters. Plate 1 - with water extract showed no changes except of chlorhexidine with zone of inhibition of 26mm whereas in plate 2- with ethanolic extract shows zone of inhibition of 25 mm and chlorhexidine with 24 mm of zone of inhibition. DISCUSSION: The antimicrobial activity of the curry leaves extract at 50 concentration was screened by agar well diffusion method and the zone of inhibition was measured in millimeters. Plate 1 - with water extract showed no changes except of chlorhexidine with zone of inhibition of 26mm whereas in plate 2- with ethanolic extract shows zone of inhibition of 25 mm and chlorhexidine with 24 mm of zone of inhibition. Many research proved the presence of staphylococcus aureus in sub - gingival and supra - gingival calculus.

Ohara-Nemoto et al. 7 found numbers of staphylococci ranging from  $10^2$  to  $10^5$  CFU/g-1, albeit from supra-gingival plaque. In the study they collected saliva and supra-gingival calculus and isolated 9 Staphylococcus species and 334 isolates were identified.

Heller et al. 8 analyzed the prevalence and infection levels of 51 microbial species in the subgingival biofilm of 260 patients with chronic or aggressive periodontitis. They observed that Staphylococcus aureus was more prevalent in the subgingival biofilm of patients with chronic periodontitis. In the study they analysed that chronic periodontitis patients are usually individual less than or equal to 35 age of years and are non-smokers. Fritschi BZ et al. 9 found a strong association between Staphylococcus aureus and aggressive periodontitis in non-smokers. Although they hypothesized that the

subgingival microbiota does not differ between sites in individuals with chronic or aggressive periodontitis, or by smoking status.

Murdoch et al. 10 who isolated staphylococci from at least one diseased site in 54% of periodontal patients, and Loberto et al. 11 who isolated staphylococci from the subgingival biofilm in 37.5% of subjects with chronic periodontitis. Rams et al. 12 isolated staphylococci from 50.4% of patients with advanced adult periodontitis, and Dahlén and Wikström 13 isolated *Staphylococcus* from 54.4% of patients.

Few studies have found staphylococci in subgingival biofilms samples, but they are impossible to show if staphylococcus has a significant role in periodontal disease or not. 14, 15 Tulika Pandit et al. 16 proved that methanolic extract >> ethanolic extract > aqueous extract of papaya and curry leaves showed antimicrobial activity against the tested organism.

Prathyusha Akula et al. 17 proved the anti-bacterial effect of *Murraya Koenigii* against *Staphylococcus aureus* followed by *Proteus vulgaris* and *Enterobacter aerogenes*. Manish Vats et al. 18 proved the antimicrobial effect of *Murraya Koenigii* against *Staphylococcus aureus*, *Micrococcus luteus*, *Bacillus subtilis*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Candida albicans* and *Aspergillus niger*. Ito et al, 19 stated that antimicrobial activity of roots of *M. Koenigii* is due to presence of carbazole alkaloids.

Ethanol has a property to dissolve active component of curry leaves to enhance its anti-microbial activity. Mylarappa et al 202010 proved APC effectively inhibited *Escherichia coli*, *Staphylococcus aureus*, *Vibrio cholerae*, *Klebsiella pneumoniae*, *Salmonella typhi* and *Bacillus*  
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subtilis. The inhibition is comparable to that of commercial antibiotics chloramphenicol, streptomycin and gentamycin.

CONCLUSION: Plants are believed to have potential therapeutic effect. The secondary metabolites of plants were found to be source of various phytochemicals that could be directly used as intermediates for the production of new drugs. It is important to bring about the use of herbs in dentistry to decrease the side effects of synthetic medicine. Ethanolic extract of curry leaves expressed antimicrobial activity at 50 concentration.

But the exact mechanism behind is still unknown.